

W35

1	Christa Cain	England	17:04
2	Emma Navesey	England	17:42
3	Rhian Maloney	Wales	18:01

W40

1	Lindsay Skinner	England	17:33
2	Katie Latham	England	17:50
3	Nicola Curtis	England	17:56

W45

1	Zoe Oldfield	England	18:21
2	Elizabeth Renondeau	England	18:37
3	Nicola Archer	England	18:56

W50

1	Lynne Callathan	England	19:27
2	Emma Crose	Wales	19:45
3	Helen Heley	England	19:56

W55

1	Sarah May	England	20:34
2	Jeanette McFadzean	England	20:44
3	Sharon Dixon	England	20:45

W60

1	Carol Higgs	England	21:46
2	Kerrie Wood Doyle	England	21:57
3	Sarah Capstick	England	22:04

W65

1	Sian Davies	England	22:31
2	Jacqueline Cordingly	England	22:42
3	Jill Harrison	England	22:45

W70

1	Sue Haslam	England	23:14
2	Barbara Stevens	England	23:22
3	Jenny Morgan	England	24:43

W75

1	Kathy Taylor	England	32:53
2	Barbara Brunson	England	34:39

M35

1	Richard De-Camps
2	Alastair Campbell
3	William Ewans

M40

1	John Beattie
2	Adam Baker
3	James Connor

M45

1	Jamil Parapia
2	Keith Swainson
3	Mark Gittins

M50

1	Peter Speake
2	Philip Cooper
3	Mike Burrett

M55

1	David McDonough
2	Wayne Pearson
3	Phil Brydges

M60

1	Tony Wright
2	Lee Aherne
3	Philip Parry

M65

1	Malcolm Eustace
2	David I'Anson
3	David Ogden

M70

1	Alan Davies
2	Stephen Boynton
3	David Gibson

M75

1	Ron Cattle
2	Francis Brennan
3	Paul Griffiths

M80

- 1 Iain Day
- 2 Peter Sargent
- 3

M85

- 1 David Moorekite

England	15:23
Wales	15:26
UKAF	15:33

England	14:59
UKAF	15:22
England	15:29

England	15:40
England	16:09
England	16:16

England	16:13
England	16:20
England	16:47

England	17:11
England	17:20
England	17:52

England	17:07
Wales	17:21
England	18:27

England	19:11
England	19:12
England	19:22

Wales	19:08
England	20:12
Wales	20:36

England	22:55
England	24:06
Wales	25:07

England	28:36
England	29:57

England	29:09
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