

England Athletics Selection Policy for Växjö International 2026

7th February 2026

Overview:

England Athletics will select a team of maximum 15 athletes from the U18, U20 and U23 age group for the Växjö International 2026 (meeting website [here](#)). This reflects its aim of getting representatives across all event groups and disciplines at all age group major events and international teams. The Växjö International will therefore be aimed specifically at athletes who the selection panel ("the panel") believes are showing realistic progression towards the 2026 European U18 Championships, the 2026 World U20 Championships or the 2027 European U23 championships.

Eligibility:

To be considered for selection for this team:

- Athletes must be eligible to compete for England in accordance with [World Athletics eligibility rules](#). This includes holding a full British passport valid until at least 6 months after the end of the competition date.
- Athletes must not be currently serving a period of ineligibility or a provisional or permanent suspension for a doping violation or for any other reason of misconduct.
- Athletes must be registered as a member with England Athletics, directly or through a club.
- Athletes will be required to sign the England Athletics Team Members' Agreement ("TMA") and abide by its terms and conditions.
- All athletes wishing to be selected for the Växjö International must express their interest in competing, via this MS Form (link [here](#)). Expression of interest must be submitted by 19:00 Sunday 4th January 2026.
- Athletes selected will be required to complete necessary administrative tasks immediately post selection.

Age classifications:

- U23 = Athlete born in 2005 and 2006
- U20 = Athletes born in 2007 and 2008.
- U18 = Athletes born in 2009 and 2010.

Events:

Event	Male			Female		
Shot Put	U18*	U20*	U23	U18*	U20*	U23
Discus	U18	U20	U23	U18	U20	U23
Javelin	U18	U20	**	U18	U20	U23

*This trip clashes with England Athletics age group indoor national championships. Therefore, we will only select U18 and U20 shot putters in exceptional circumstances.

**Due to the competition's venue restrictions, male U23 javelin throwers cannot be selected.

Selection Process:

- The selection meeting will take place w/c 5th January 2026
- The final team will be announced no later than Friday 9th January 2026.

- England Athletics may select a team of up to 16 athletes. This will be made up of a maximum of up to 3 male and 3 female athletes per event per age group.
- The panel will select athletes against the following criteria (in no ranked order):
 - Athletes who demonstrate the potential to gain selection for the 2026 European U18 Championships, the 2026 World U20 Championships or the 2027 European U23 championships.
 - Recent form (where applicable). Performances from 1st March 2025 to date of selection meeting will be considered.
 - Head-to-head performances.
 - Consistency of performance.
 - Previous National and International Championship performance history.
 - Illness/injury status.
- There is no appeal process in operation for this selection.
- England Athletics reserves the right to amend or vary this Selection Policy where necessary at any time. Any such amendments or variations will take effect from the first date of publication of the amended Selection Policy on the England Athletics website.

Event Information:

- **Flight details:**

Ryan Air	FR966	London STN Stansted Arpt - Terminal Main	Fri 06-Feb-26 13:05	Göteborg GOT Landvetter Arpt - Terminal Main	Fri 06-Feb-26 16:00	1 h 55 m
Ryan Air	FR5737	Göteborg GOT Landvetter Arpt - Terminal Main	Sun 08-Feb-26 11:50	London STN Stansted Arpt - Terminal Main	Sun 08-Feb-26 12:45	1 h 55 m

- Travel from the airport to the hotel is approximately 3 hour coach journey. Athletes should prepare for this accordingly.
- **Hotel:**
 - The team will stay at the [Scandic Vaxjo hotel](#).
 - Rooming will be allocated on a twin basis.
 - All meals will be provided whilst on the trip. Dietary requirements will be catered for. Athletes who choose to buy their own meals outside of the hotel will not be reimbursed.
- **Competition:**
 - Date: 7th February 2026
 - Venue: [Telekonsult Arena](#) (10-12min walk away from the hotel)
 - Timetable/Startlist: These will be published [here](#).
- **Team Staff:**
 - Leader & Shot Put team coach & selection panel member – Mike Martin – mmartin@englandathletics.org
 - Manager – Melissa Lock – mlock@englandathletics.org
 - Physiotherapist – Lucy Eggleton
 - Discus team coach & selection panel member – Emeka Udechuku
 - Javelin team coach & selection panel member – Catarina Hallden

- **Additional things to note:**

- All team members will be expected to travel together from the stated airport.
- England athletics will not provide financial assistance for domestic travel (to the meeting point), meals at the airport or snacks. Athletes based overseas will be expected to pay their own way back to the UK to join the team on departure dates.
- England Athletics will provide competition kit to any athletes that have not received any such kit within the last 2 years. If selected, there will be an opportunity to purchase additional kukri performance kit.
- England Athletics reserve the right to deselect athletes who the selection panel feel is not fit or competitive enough in the final weeks before the event.

- **Contact:**

- Any questions relating to the event or selection policy, contact Nick Ridgeon - nridgeon@englandathletics.org
07471027364