

Women's Throws Coach Group

Name	Club	Region	Events coached
Aislinn Baird	Radley AC	South West	Shot Discus Hammer Javelin
Alex Proffitt	Preston Harriers	North West	Shot Discus Hammer Javelin
Alice Barnsdale	North Shields Poly AC	North East	Hammer
Alison Russell	Unattached	Scotland	Shot Discus Ambulant Throws Seated Throws
Amelia Campbell	Thames Valley Harriers	London	Shot Discus Hammer
Ann Dale	Yate and District AC	South West	Javelin Ambulant Throws Discus
Ann Virgo	Solihull and Small Heath AC	West Midlands	
Anna Hall	Ipswich Harriers	East	Hammer
Ayesha Jones	Marshall Milton Keynes AC	South East	Javelin
Bronwin Carter	City of Portsmouth AC	South West	Shot Discus Javelin Ambulant Throws Seated Throws
Camilla Thrush	Kingston AC and Poly Harriers	London	Shot Discus Hammer Weight hammer
Carolyn Franks	Cheltenham & County Harriers	South West	Shot Discus Hammer Javelin Seated Throws
Catarina Hallden	Jersey Spartan AC	South East (Channel Islands)	Shot Discus Hammer Javelin Ambulant Throws
Charlotte Nicholls	Tonbridge AC	South East	Shot Discus Hammer
Chloe Edwards	City of Plymouth AC	South West	Shot Discus
Chloe Williams	Thanet AC	South East	Shot Discus Hammer Javelin
Debbie Ennis	Havering AC		Discus Hammer
Deborah Montgomery	BRAT	West Midlands	
Elaine Fileman	Tavistock AC	South West	Discus Hammer
Emma Beardmore	Marshall Milton Keynes AC	South East	Shot Discus Hammer
Felicity Dawes	Banbury Harriers AC	South West	Javelin Discus Shot Hammer
Hannah Hiscock	Swindon Harriers AC	South West	Shot Discus Javelin
Heather Sheffield	Winchester and District AC	South West	Discus Shot Hammer Javelin
Jemma Bate	Trafford AC	North West	Hammer Discus
Jenna Galiszewski	Burton AC	East Midlands	Hammer Shot Discus
Jess Arnison	Leigh Harriers and AC	North West	Hammer Discus
Jess Taylor-Jemmett	Sale Harriers Manchester	North West	Shot Javelin
Jo Fraser	Kingston upon Hull AC	North East	Shot Discus Javelin
Jo Rowland	Doncaster AC City of Sheffield and Dearne AC Northern Masters AC	North East	Shot Javelin Combined Events
Jodie Dale	Yate And District AC	South West	Javelin Discus Seated Throws Ambulant Throws
Julie Rider	Dartford Harriers	South East	Shot Discus
Karen Bailey	BRAT	West Midlands	
Karen Buck	Vale of York AC	North East	Shot Javelin

Name	Club	Region	Events coached
Karin Divall	Lewes AC	South East	Shot Discus Hammer Javelin Seated Throws
Kathryn Woodcock	Oxford City AC	West	Hammer Discus
Katie Head	Woodford Green AC with Essex Ladies Dartford Harriers	South East	Hammer
Katie Mackison	Crawley AC	South East	Javelin
Kayleigh Presswell	Thames Valley Harriers Marshall Milton Keynes AC	South East	Hammer
Kim Weir	St Mary's Richmond AC		Shot Discus Hammer
Kirsten Mackison	Crawley AC	South West	Javelin
Lesley Brown	Deeside AAC	Wales	Hammer Discus Shot
Lianne Slater	Blyth Running Club		Shot Discus
Lijana Kaziow	-	West Midlands	Javelin Shot Discus Hammer Children lens for all above - have dabbled in seated throws too.
Lorna Barlow	Kettering Town Harriers	East Midlands	Shot Discus Hammer Javelin
Louise Hampton	HAWCS	South East	Shot Discus Hammer
Lucy Marshall	Woodford Green AC with Essex Ladies	East Midlands	Hammer
Lydia Banbury	Guernsey AC	South East (Channel Islands)	Shot Discus Hammer Javelin
Maisy Harvey	Team Bath	South West	Hammer
Marjolein Templeton	Retford AC	East Midlands	Shot Discus Hammer Javelin
Marlena White	Trafford AC	North West	Javelin
Megan Thomas	City of Norwich AC	East	Discus Hammer
Michelle Bird	Coach at a school		Javelin Shot Discus
Philippa Thornton	Retford AC	East Midlands	Shot Javelin Discus Hammer
Rachael Denton-Snape	Windsor Slough Eton & Hounslow AC	London	Shot Discus Hammer
Rachel Leck	Jersey Spartan AC	South East (Channel Islands)	Ambulant Throws
Rebecca Hall	Peterborough and Nene Valley AC	East	Shot Discus
Rebekah Hopper	Wigan Harriers	North West	Shot Discus Hammer Javelin
REBEKAH WALTON	Blackheath and Bromley AC	East Midlands	Javelin
Sarah Henton	Rotherham Harriers	North East	Discus Shot Hammer
Sonya Ellis	South West Athletics Academy	South West	Shot Discus Hammer Javelin Ambulant Throws Seated Throws
Sylviane Provost-Campbell	Ealing Southall & Middlesex AC	London	Shot Discus Hammer Seated Throws Ambulant Throws
Uyai Ikpat	Wirral AC	North West	Javelin Hammer Discus Shot
Vanessa Hannam	Medway and Maidstone AC	South East	Shot Discus Hammer Javelin
Vanessa Hannam	Medway and Maidstone AC	South East	Shot Discus Hammer Javelin
Yvonne Hanson-Nortey	-	South East	Shot Discus
Zara Acton	Harrow AC	London	Discus Shot Javelin