

# **England Athletics**

Youth Talent Programme

Information Webinar

23-25



# Introductions

- Alan Richardson
- England Athletics,
   Talent Pathway Manager

- Tom Boardman
- Loughborough College, DiSE Programme Manager



Reach your potential with the England Athletics Youth Talent <u>Programme - YouTube</u>

#### Talent Pathway

### **The Talent Pathway**

England Athletics (EA) has worked closely with UK Athletics (UKA) to plan a long term strategy for Talent Development.

The Talent Pathway programme is focused around developing a dual career for the athlete, through fulfilling their potential within the sport and also in their education and employability.

The aim is to ensure the journey of the athlete <u>and</u> coach reaches its full potential.

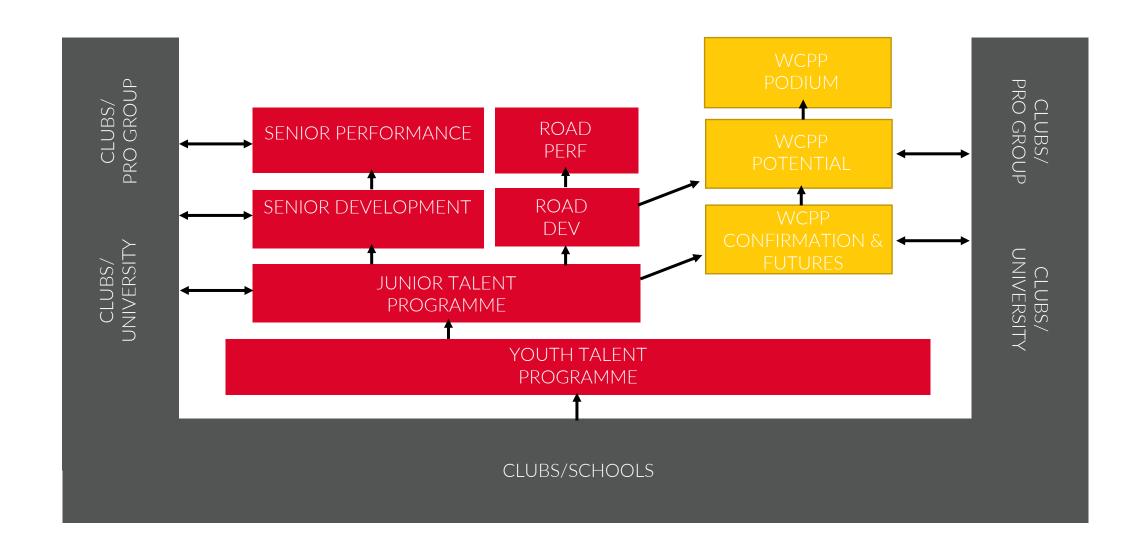
The Talented Athlete and Coach Pathway provides a progressive support structure for athletes and coaches to develop skills and competencies with the aim of moving athletes on to representative honours at England and GB & NI Level.

A Talent Pathway for athletes and coaches that identifies c220, 17-year-old athletes and supports them through a 5-year dual career pathway (sport and education) to 21 years of age. This support will be differentiated, dependent upon individual progress and event.

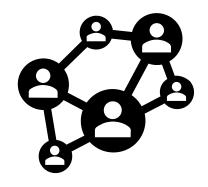
We will ensure the pathway is inclusive and enables athletes to access it at any stage. Success and retention of athletes in the pathway and in the sport is a key metric.

- Youth Talent Programme 2-year programme
- Junior Talent Programme 2-year programme
- Senior Talent Programme 22+ yrs of age

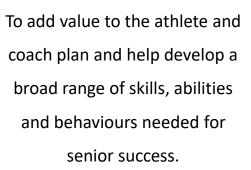
# **England Talent Pathway**

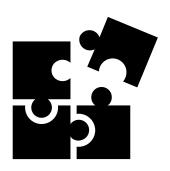


### What is the Youth Talent Programme?









### **EMPOWER**

Athlete understand the holistic development principles to help transition into a successful senior athlete and also for a career outside of athletics



### **TRANSITION**

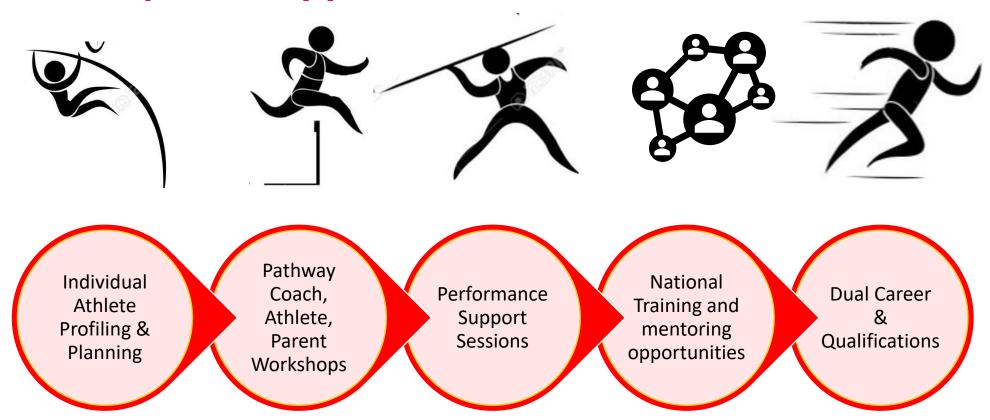
On to the next stage in the Olympic, Commonwealth, club pathway and/or transitioning through university or into work



### **ACHIEVE**

Reach maximum potential for all, retention in the sport with enjoyment and experience of Athlete and coaches at the core.

### **Delivery and Support**



### **Delivery and Support**



**Technical, Physical, Tactical** 



Lifestyle



**Culture, Values and Behaviours** 



**Career and Finance** 



**Nutritional** 



**Communication and Media** 

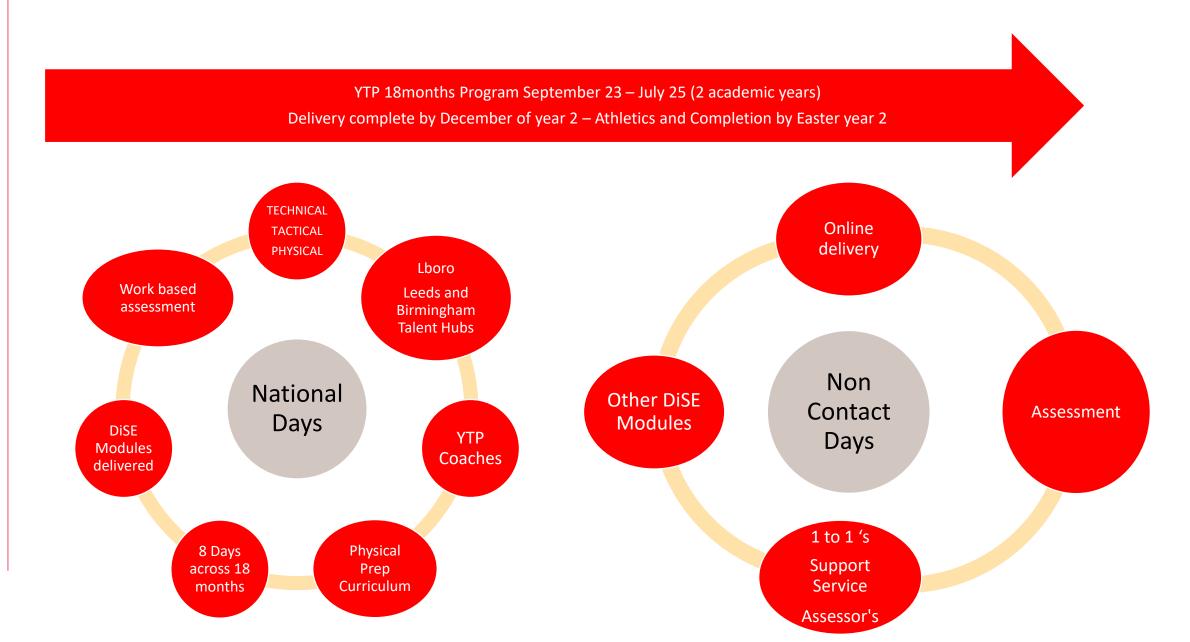


**Mental Skills** 



**Health and Safety** 

### **YTP Course Structure**



### YTP Delivery 2023 to 2025 Programme



# **National Camps**



# YTP Delivery model 23 - 25



Year 1 Year 2

September 23

October 23

December 23

March 24

September 24

December 24

March 24

Online IAG

National Camp #2 Days

National Day

National Day

National Day

National Day

National Day

Introduction
Pathway outline

Day 1:

E.A Cultures & Values.
Event specific training
Health & safety

Day 2:

Event specific training
Anti doping

Event specific training

Nutrition (REDS) workshop

Mental well being workshop

Event specific training

Athlete career plan

Preparing for international competition

Event specific training

Social media

Event specific training

Athlete career plan review

Lifestyle transition session E.A Cultures & Values.
Learning hub

Event specific training

Athlete reflections

### **Personal Coach Offer**

Be part of a coaching community that shares best practice in your event area and beyond.

- Mentoring by Youth Talent Programme coaches as appropriate.
- Technical support and engagement via national training days.
- Physical prep practical support and other support service workshops.
- Access to a webinar series designed for those working with athletes on the talent pathway.
- Access to purchase Kukri Support Team kit at a discounted rate.
- Support to access personal coach accreditation at England championships (where appropriate).

# **Kukri Sports**





#### Our offer:

- The opportunity for up to 8 athletes to become Kukri Sports ambassadors, where they will represent the company, through their development and into becoming professional athletes
- Kukri will provide kit across the Youth Talent Programme, for both athletes and coaches, whilst helping provide premium sportswear for the whole programme
- Reduced cost Kit for Athletes, coaches and parents on the YTP



### **Selection Process**

The application process is an important element of the process as it enables the programme selectors to understand the athlete/coach goals for the season and where the programme could potentially add value.

- Stage 1: Athlete/Coach Application
- Stage 2: Selection Panel
- Stage 3: Induction



### **Eligibility & Criteria**

Places on the Youth Talent Programme (YTP) are limited. Therefore, all athletes and coaches who meet the minimum eligibility criteria and would like to be considered for selection on the YTP must complete the application process by **Monday 3rd September 2023**. This is an important element of the process as it enables the programme selectors to understand the athlete/coach goals for the season and where the programme can potentially add value.

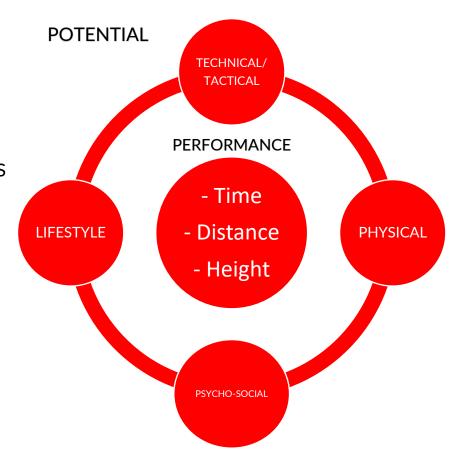
#### **ELIGIBILITY**

- Are eligible to compete for England at the Commonwealth Games
- Be a British Passport holder eligible to compete for Great Britain and NI at international championships such as the Olympic or Paralympic Games
- Birth dates between 1 September 2006 to 31 August 2007
- Be on the 1st year of a 2 year educational programme in September 2023. o (i.e. A levels or BTEC)
- Not studying an apprenticeship between September 2023 and July 2025.
- While all athletes are eligible for the YTP only those in full time state education (or those in independent education with a scholarship at 50% or more) are eligible for the full DISE qualification.
- Those who are not eligible for the DISE qualification will receive the same experience but achieve an England Athletics Performance Pathway Certificate.

### **Eligibility & Criteria**

#### **CRITERIA**

- Performance ranking
- Yearly progression profile and consistency in performances
- Major competition history
- Injury and training history
- Lifestyle and training environment
- Maturation (in primary or potential future events)



### **Timelines**



