England Athletics
Youth Talent Programme
Information Webinar
23-25
Introductions

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The Youth Talent Programme

Reach your potential with the England Athletics Youth Talent Programme - YouTube
England Athletics (EA) has worked closely with UK Athletics (UKA) to plan a long term strategy for Talent Development.

The Talent Pathway programme is focused around developing a dual career for the athlete, through fulfilling their potential within the sport and also in their education and employability.

The aim is to ensure the journey of the athlete and coach reaches its full potential.

The Talented Athlete and Coach Pathway provides a progressive support structure for athletes and coaches to develop skills and competencies with the aim of moving athletes on to representative honours at England and GB & NI Level.

A Talent Pathway for athletes and coaches that identifies c220, 17-year-old athletes and supports them through a 5-year dual career pathway (sport and education) to 21 years of age. This support will be differentiated, dependent upon individual progress and event.

We will ensure the pathway is inclusive and enables athletes to access it at any stage. Success and retention of athletes in the pathway and in the sport is a key metric.

- Youth Talent Programme – 2-year programme
- Junior Talent Programme – 2-year programme
- Senior Talent Programme – 22+ yrs of age
England Talent Pathway

- England Athletics Talent Strategy
  - THRWS
  - WHEELCHAIR RACING
  - SENIOR PERFORMANCE
  - SENIOR DEVELOPMENT
  - JUNIOR TALENT PROGRAMME
  - ROAD PERF
  - ROAD DEV
  - YOUTH TALENT PROGRAMME
  - CONFIRMATION & FUTURES
  - PODIUM
  - POTENTIAL

- CLUBS/UNIVERSITY
- CLUBS/PRO GROUP
- CLUBS/SCHOOLS
What is the Youth Talent Programme?

**SUPPORT**
To add value to the athlete and coach plan and help develop a broad range of skills, abilities and behaviours needed for senior success.

**EMPOWER**
Athlete understand the holistic development principles to help transition into a successful senior athlete and also for a career outside of athletics.

**TRANSITION**
On to the next stage in the Olympic, Commonwealth, club pathway and/or transitioning through university or into work.

**ACHIEVE**
Reach maximum potential for all, retention in the sport with enjoyment and experience of Athlete and coaches at the core.
Youth Talent Programme

Delivery and Support

- Individual Athlete Profiling & Planning
- Pathway Coach, Athlete, Parent Workshops
- Performance Support Sessions
- National Training and mentoring opportunities
- Dual Career & Qualifications
Youth Talent Programme

Delivery and Support

- Technical, Physical, Tactical
- Culture, Values and Behaviours
- Nutritional
- Mental Skills
- Lifestyle
- Career and Finance
- Communication and Media
- Health and Safety
YTP Course Structure

YTP 18months Program September 23 – July 25 (2 academic years)
Delivery complete by December of year 2 – Athletics and Completion by Easter year 2

National Days
- Work based assessment
- DISE Modules delivered
- 8 Days across 18 months
- Physical Prep Curriculum
- YTP Coaches
- Lboro Leeds and Birmingham Talent Hubs

Non Contact Days
- Online delivery
- Other DiSE Modules
- Assessment
- 1 to 1’s
- Support Service
- Assessor's

Technical
Tactical
Physical

Lboro
Leeds and
Birmingham Talent Hubs

DiSE Modules

Assessment

1 to 1’s
Support Service
Assessor's

Online delivery

Other DiSE Modules

Assessment

1 to 1’s
Support Service
Assessor's
YTP Delivery 2023 to 2025 Programme

DiSE Qualification
Sept 2023 to March 2025

National Camps

- September Online Info Day (online)
- October 23 2 Day camp
- Dec 2023 1 Day Camp
- March 2023 1 Day Camp
- October 24 1 Day Camp
- Dec 24 1 Day Camp
- March 25 1 Day Camp

Online Delivery → One to One’s → Work based Assessment
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**Introduction**
Pathway outline

**Day 1:**
- E.A Cultures & Values.
- Event specific training
- Health & safety

**Day 2:**
- Event specific training
- Nutrition (REDS) workshop
- Mental well being workshop

**Event specific training**
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**Social media**
- Social media
- Preparing for international competition
-Preparing for international competition

**Event specific training**
- Event specific training
- Nutrition (REDS) workshop
- Mental well being workshop

**Event specific training**
- Event specific training
- Nutrition (REDS) workshop
- Mental well being workshop

**Athlete career plan review**
- Athlete career plan review
- Preparing for international competition

**Lifestyle transition session**
- Lifestyle transition session
- Preparing for international competition

E.A Cultures & Values.
Learning hub
Event specific training
Athlete reflections

Athlete career plan review
Preparing for international competition
Lifestyle transition session
Athlete reflections
Youth Talent Programme

Personal Coach Offer

Be part of a coaching community that shares best practice in your event area and beyond.

• Mentoring by Youth Talent Programme coaches as appropriate.
• Technical support and engagement via national training days.
• Physical prep practical support and other support service workshops.
• Access to a webinar series designed for those working with athletes on the talent pathway.
• Access to purchase Kukri Support Team kit at a discounted rate.
• Support to access personal coach accreditation at England championships (where appropriate).
Our offer:

- The opportunity for up to 8 athletes to become Kukri Sports ambassadors, where they will represent the company, through their development and into becoming professional athletes
- Kukri will provide kit across the Youth Talent Programme, for both athletes and coaches, whilst helping provide premium sportswear for the whole programme
- Reduced cost Kit for Athletes, coaches and parents on the YTP
The application process is an important element of the process as it enables the programme selectors to understand the athlete/coach goals for the season and where the programme could potentially add value.

- Stage 1: Athlete/Coach Application
- Stage 2: Selection Panel
- Stage 3: Induction
Eligibility & Criteria

Places on the Youth Talent Programme (YTP) are limited. Therefore, all athletes and coaches who meet the minimum eligibility criteria and would like to be considered for selection on the YTP must complete the application process by Monday 3rd September 2023. This is an important element of the process as it enables the programme selectors to understand the athlete/coach goals for the season and where the programme can potentially add value.

ELIGIBILITY

• Are eligible to compete for England at the Commonwealth Games
• Be a British Passport holder eligible to compete for Great Britain and NI at international championships such as the Olympic or Paralympic Games
• Birth dates between 1 September 2006 to 31 August 2007
• Be on the 1st year of a 2 year educational programme in September 2023. (i.e. A levels or BTEC)
• Not studying an apprenticeship between September 2023 and July 2025.
• While all athletes are eligible for the YTP only those in full time state education (or those in independent education with a scholarship at 50% or more) are eligible for the full DISE qualification.
• Those who are not eligible for the DISE qualification will receive the same experience but achieve an England Athletics Performance Pathway Certificate.
Eligibility & Criteria

CRITERIA

- Performance ranking
- Yearly progression profile and consistency in performances
- Major competition history
- Injury and training history
- Lifestyle and training environment
- Maturation (in primary or potential future events)
Youth Talent Programme

Timelines

1st July Applications opened

3rd September (9am) Applications close

7th Sept Selection (including reserves)

w/c 12th Sept Selection confirmation

24 September Information Day (online)

14/15 October YTP Day 1