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ENGLAND ATHLETICS SENIOR & DISABILITY CHAMPIONSHIPS



30th - 31st July 2022

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ENGLAND ATHLETICS SENIOR & DISABILITY CHAMPIONSHIPS

It's my pleasure to welcome you to this weekend's 2022 EA Senior Track and Field championships on behalf of everyone at England Athletics. We are also particularly grateful to the AAA's for use of their prestigious trophies during this weekend. The names of many great athletes adorn those trophies from decades past and to those athletes competing this weekend, you are following in the footsteps of giants when it comes to athletic performance. I would also like to thank our hosts Bedford Borough Council for their continued support to athletics in England.

This weekend's championships take place as our England team get ready to compete in Birmingham at the 2022 Commonwealth Games. I am sure that you will join me in wishing them all the very best of success and to those athletes who are competing in this weekend's EA Senior Track and Field Championships, be mindful that this event is very much a steppingstone for future international team selection. In a normal year EA provides between 30-40 international vest opportunities for aspiring athletes across the different age groups on the talent pathway. Ordinarily these specific championships are used as a trial event for the Manchester International. Sadly, this competition will not take place in 2022 given the congested nature of this specific summer season however it will return as a competition in 2023 so keep that in mind as you look towards next years competition schedule and your preparation plans. With the 2026 Commonwealth Games now confirmed to take place in Victoria Australia in 2026 competitions such as the EA Senior Track and Field Championships take on new meaning and importance as athletes take a longer term look ahead at preparation plans.

that we need more support to bounce back to the participation levels that we enjoyed prior to that time. EA coordinates education and training opportunities for volunteers across the calendar year and maybe you could be on the start line at these championships in future years albeit in a different guise, perhaps as a coach or technical official? For further information please visit <https://www.englandathletics.org/coaching/qualifications/> and <https://www.englandathletics.org/officiating/> We know that each performance by an athlete, and all the hard work that goes on away from the competitive arena to prepare for these championships, is supported by many people. We would like to thank each of the officials and other volunteers who are essential in enabling this, and every event on the athletics calendar, to happen. We know that for each athlete competing this weekend that there will be many other people who have played an instrumental part in their athletic development and to them we thank you all.

I would like to close by wishing every athlete a successful and enjoyable championship. We trust your successes in the sport, this weekend and throughout the year, will also bring great pride and satisfaction to all those who have supported you to reach this point in your athletic journey.

I would like to take this opportunity to reference the importance of the people behind the people, namely our great volunteers. Volunteering is at the heart of our work at England Athletics. Our sport is founded on such efforts and the sport will only continue to thrive if we build the capacity in our volunteer led structures, particularly in our member clubs. I would urge all the athletes taking part in these championships this weekend to take some time out during the competition to thank as many of the officials and volunteers for their contribution to our sport. Without volunteers our sport would not exist as it does. I would also like to urge spectators, parents, friends, and other family members to consider what they could do to support our great sport by turning their hand to volunteering in your local club, running group or race event. As we further emerge from the impacts of the pandemic, we know

Chris Jones
England Athletics,
CEO July 2022





OFFICIALS

ENGLAND ATHLETICS SENIOR & DISABILITY CHAMPIONSHIPS

National Technical Delegate:
Lorraine Vidler

Competition Director: Julian Starkey

Meeting Manager: Gerald Alterman

Technical Manager: Malcolm Fletcher

Clerks of Course:
Steve Boreham, Dominic Ellis
and Richard Sharp

Field Referee:
Margaret Nelson and Dennis Tucker

Field Judges:
Julie Awde, Ivan Barrett, John Bayley,
Alan Birch, Alison Birch, Tony Bradley,
Jacky Brett, Les Chambers, Robert Densley,
John Gandee, Steve Hall, Christine Head-
Rapson, Peter Hewkin, Nick Highman,
Sally Highman, Peter Howes, Jean Jackson,
Robin James (Sun only), Steve Jamson,
Suzanne Kendall, Roger Lee, Suzanne
Lyons, Cath McGrath, Pat Mellish,
Andrew Morrey, David Needham,
Tim Nicholson, Paul Routledge, Chris Stott,
Maureen Watkins, Kamil Winogrodzki,
Jacqueline Wright and Simon Wright

Track Referee: Steve Walker

Track Chief Judge: Monica Bristow

Track Umpires:
Diane Baldwin, Keith Binney, Liz Blaylock,
David Brown, Janet Clifford,
Morag Goldsmith, Archie Jenkins,
Jim Jones, Lynne Marr, Sandra Pedley,
Jacqueline Tobin and John Tobin

Track Steward: Keith Field

Chief Timekeeper: Ann Thatcher

Timekeepers:
Craig Barrett, Michael Brown,

David Churcher, Alan Edwards,
Simon Evans, Roger Fitzgerald,
Nick Folwell, Sharon Herbert,
Ian Humphreys, Colin Jacks, Ron Lees,
Phil Martin and Steve Roe (Sat only)

Timekeeper Steward: Heather Espeute

Chief Photofinish:
Diane Wooller

Photofinish: Pete Afford, Ken Hills,
Tim Hood and John Vickers,

Photofinish, Technician: Chris Parkinson

Starter's Coordinator: Chris Wood

Starter's: Malcolm Dewell

Starters Referee: Jeanie Jones

Chief Starters Assistant:
Peter Shilling

Starters Assistant: Jo Newall,
David Ralph and Carol Wright

SIS Technicians: Jared Flannery
and Kevin Flannery

Call Room Manager: Pam Rogers

Call Room Judge: Margaret Afford,
Andrew Clough, Juliet Dobson,
Caroline Drewitt, Pam Ficken
(around walks both days),
Michael Jackson and Lynda Lenton

Athlete Steward: Susan Hill,
Jen Lovell-Hickson, Susan Slade,
Mark Wall, Debra Wells and Malcolm Wise

Chief Registration:
Donna Barrington-Smith

Registration Steward:
Sally Gandee and Jane Tucker

Chief Seeding Officer: Keith Nicholls

Seeding Officers: Nicola Kellett, Sylviane
Provost-Campbell and Jonathan Roberts

Infield Spotter's:
Peter Lenton and Malcolm Rogers

Chief Walking Judge: Mike Fox

Assistant C/J Recorder: Pauline Wilson

Walking Judge:
Peter Cassidy, Bob Dobson,
Olive Dobson, Chris Hobbs
and Mark Wall

Penalty Zone: Pam Ficken

Results Coordinator: Sandra White

Kit Retrieval: Amanda Edgley-Pearce,
Mark Flitcroft and Marion Osborn

Chief Presentations: Ben Skinner

Presentations Steward:
Tracey Fernandez and David Walach

Announcer:
Mike Harris and Hannah Prophet

Doctor: Natasha Beach

Physiotherapist:
Dan Elias, Leanne Findley and Glen Lewis

Chief Event Management:
Simon Fennell

Event Assistant: Luke Finch

EA Competition Manager:
Vicky Griffiths

EA Events Administrator:
Debbie Beresford

ENGLAND ATHLETICS SENIOR & DISABILITY CHAMPIONSHIPS, ATHLETES LIST

BiB	Athlete	Gender	Club	Event
1	Akinloluwa Akinboh	Male	Loughborough Students AC	100m, 200m
2	Eugene Amo-Dadzie	Male	Woodford Green AC with Essex Ladies	100m
3	Dominic Ashwell	Male	Shaftesbury Barnet Harriers	100m
4	Femi Awe	Male	Radley Athletic Club	100m
5	Korede Awe	Male	Invicta East Kent AC	100m
6	Omari Barton-Ellington	Male	Enfield and Haringey A C	100m
7	Alex Beechey	Male	Newham & Essex Beagles AC	100m, 200m
8	Oliver Bromby	Male	Southampton Athletic Club	100m
9	Joshua Brown	Male	Cardiff Athletics	100m
11	Kaie Chambers-Brown	Male	Birchfield Harriers	100m
10	Jamal Chambers	Male	Birchfield Harriers	100m, 200m
12	Adam Cross	Male	Cambridge & Coleridge AC	100m
13	Kieran Daly	Male	Blackheath & Bromley Harriers AC	100m
14	Michael Damoah	Male	Blackheath & Bromley Harriers AC	100m, 200m
15	Anax Dasilva	Male	Cardiff Athletics	100m
16	Lee Dollard	Male	Basildon AC	100m
17	Luke Dorrell	Male	Aldershot Farnham & District	100m, 200m
18	Eyad Ayman Aly Ibrahim Elbahtety	Male	Victoria Park Harriers and Tower Hamlets AC	100m, 200m
19	Sam Gordon	Male	Cardiff Athletics	100m
20	Omar Grant	Male	Harrow AC	100m, 200m
21	Stewart Greenhalgh	Male	Bromsgrove and Redditch	100m, 200m
22	Dewi Hammond	Male	Cardiff Athletics	100m
23	Harry Handsaker	Male	Burton AC	100m
24	Alex Hanson	Male	Woking AC	100m
25	Matthew James Harris	Male	Guildford & Godalming AC	100m
26	Louie Hinchliffe	Male	City of Sheffield and Dearne AC	100m, 200m
27	Sam Ige	Male	Belgrave Harriers	100m, 200m
28	Olumide Isaac	Male	Woodford Green AC with Essex Ladies	100m
29	Abdul-Rahaman Jolaoso	Male	Blackheath & Bromley Harriers AC	100m
30	Elliot Jones	Male	Liverpool Pembroke & Sefton H AC	100m
31	Makoye Kampengele	Male	Cardiff Athletics	100m
32	Jack Lawrence	Male	Birchfield Harriers	100m
33	Confidence Lawson	Male	Shaftesbury Barnet Harriers	100m
34	Karalo Hepoiteloto Maibuca	Male	-	100m
35	Alexander Marsden	Male	Preston Harriers	100m, 200m

Continued on page 6

All athletes that have entered this championships please remember that you can now enter your PB/SB data under your account in the Roster system. Log in to Roster and under your account profile just go to the Records tab to add your records and these will feed through to the competition start lists.

<https://meets.rosterathletics.com/public/login>

Download the Roster app on IOS:
<https://apps.apple.com/us/app/roster-athletics/id1102383168>

Download the Roster app on Android:
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ENGLAND ATHLETICS SENIOR & DISABILITY CHAMPIONSHIPS, ATHLETES LIST CONTINUED.

BIB	Athlete	Gender	Club	Event
36	Alex Marshall	Male	Medway and Maidstone AC	100m, 200m
37	Gerald Matthew	Male	Shaftesbury Barnet Harriers	100m, 200m
38	Michael Measter	Male	Royal Air Force	100m, 200m
39	Chad Miller	Male	Hercules Wimbledon AC	100m
40	Michael Miller	Male	Herne Hill Harriers	100m
41	David Morgan-Harrison	Male	Kingston upon Hull AC	100m
42	Victor Nzolele	Male	Herne Hill Harriers	100m, 200m
44	Daniel Obeng	Male	Loughborough Students AC	100m
45	Daniel Offiah	Male	Thames Valley Harriers	100m, 200m
46	Destiny Ogali	Male	Dacorum Athletic Club	100m
47	Kesi Oludoyi	Male	Harrow AC	100m
48	Samuel Osewa	Male	Belgrave Harriers	100m
49	John Otugade	Male	Shaftesbury Barnet Harriers	100m
43	Regan Oâ€™Connell	Male	City of Sheffield and Dearne AC	100m, 200m
50	Jonathan Peacock	Male	Saffron Athletics Club	100m, 100m (100m Ambulant)
51	Jake Penny	Male	Athletics Australia	100m
52	Zanson Plummer	Male	Shaftesbury Barnet Harriers	100m, 200m
53	Nicholas Pryce	Male	Royal Sutton Coldfield Athletics Club	100m, 200m
54	Jagga Pybus	Male	Athletics Australia	100m, 200m
55	Andrew Robertson	Male	Sale Harriers Manchester	100m, 200m
56	Sahib Singh	Male	Enfield and Haringey A C	100m, 200m
57	Thomas Somers	Male	Newham & Essex Beagles AC	100m, 200m
58	Ethan James Steele	Male	Yate & District AC	100m
59	Banuve Lalabalavu Tabakaucoro	Male	-	100m
60	Harry Bryan Taylor	Male	Loughborough Students AC	100m, 200m
61	Nicholas Walsh	Male	Sale Harriers Manchester	100m
62	Jordan Watson-Brown	Male	Shaftesbury Barnet Harriers	100m, 200m
64	Bradley Whitehead	Male	Rugby & Northampton AC	100m, 200m
63	Tom White	Male	Kingston AC And Poly Harriers	100m
65	Jahde Williams	Male	Harrow AC	100m, 200m
66	Elijah Winn	Male	Enfield and Haringey A C	100m
67	Andre Wright	Male	Medway and Maidstone AC	100m, 200m
68	Mary Abichi	Female	Enfield and Haringey A C	100m, 200m (200m Frame Running)
69	Doyin Aderinto	Female	Cambridge Harriers	100m
70	Leonie Ashmeade	Female	Wakefield District H & A C	100m
71	Ellie-Mae Bandy	Female	Herts Phoenix AC	100m, 200m
72	Ellen Barber	Female	Yeovil Olympiads AC	100m, Long Jump, Javelin Throw
73	Chloe Burrows	Female	Bournemouth AC	100m, 200m
74	Ebony Carr	Female	Marshall Milton Keynes AC	100m
75	Akaysha Ellis	Female	Enfield and Haringey A C	100m, 200m

Continued on page 8



Get live updates, results, race footage and more from the England Athletics Championship on facebook.



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1 UV rays cannot be seen or felt, so check the UV index and sun protect when it's 3+.

2 A short training session can last for hours, so 'sun prepare' before you start activity.

3 Sunscreen can wear, wash or rub off, so reapply regularly throughout the day.

5 When removing clothing, apply sunscreen to newly exposed areas of skin.

4 To avoid a greasy grip use a sunscreen applicator or clean palms with a small towel and alcohol gel.



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ENGLAND ATHLETICS SENIOR & DISABILITY CHAMPIONSHIPS, ATHLETES LIST CONTINUED.

BIB	Athlete	Gender	Club	Event
76	Hilary Gode	Female	Leeds City Athletic Club	100m
77	Samantha Griffiths	Female	Birchfield Harriers	100m
78	Mia Gross	Female	Athletics Australia	100m
79	Jacqueline Gyamfi	Female	Windsor Slough Eton & Hounslow AC	100m
80	Rebecca Edith Kate Jeggo	Female	Colchester Harriers AC	100m, 200m
81	Harriet Jones	Female	Windsor Slough Eton & Hounslow AC	100m
82	Khiaaama Kofi	Female	Bristol and West AC	100m, 200m
83	Darcey Kuypers	Female	Blackheath & Bromley Harriers AC	100m
84	Rachel Miller	Female	Thames Valley Harriers	100m
85	Brittany Marie Robinson	Female	Thames Valley Harriers	100m
86	Molly Scott	Female	Blackheath & Bromley Harriers AC	100m
87	Modupe Shokunbi	Female	Blackheath & Bromley Harriers AC	100m
88	Annie Tagoe	Female	Thames Valley Harriers	100m
89	Ellie Turner	Female	Medway and Maidstone AC	100m
90	Issie Frances Tustin	Female	Cardiff Athletics	100m, 200m
91	Lois Waknell	Female	Radley Athletic Club	100m
92	Diani Walker	Female	Birchfield Harriers	100m
93	Karim Chan	Male	Charnwood A C	100m (100m Ambulant), - Long Jump (Ambulant Long Jump)
94	Kyle William Keyworth	Male	Manchester Harriers & AC	100m (100m Ambulant), 200m - (200m Ambulant)
95	James Ledger	Male	DSW Para Academy	100m (100m Ambulant)
96	Javaughn Gary Parkes	Male	Birchfield Harriers	100m (100m Ambulant)
97	Nils Rehm	Male	Cardiff (BUCS)	100m (100m Ambulant), 200m - (200m Ambulant)
98	Segun Samuel	Male	South London Harriers	100m (100m Ambulant), 200m - (200m Ambulant)
99	Steven Stone	Male	Falkirk Victoria Harriers	100m (100m Ambulant), Long Jump - (Ambulant Long Jump)
100	Joseph Strong	Male	Stevenage & North Herts AC	100m (100m Ambulant), 200m - (200m Ambulant)
101	Jahziah Williams	Male	Eastbourne Rovers AC	100m (100m Ambulant)
102	Rafi Solaiman	Male	Charnwood A C	100m (100m Frame Running), 200m - (200 Frame Running)
103	Thomas Talbot	Male	Lincoln Wellington Athletic Club	100m (100m Frame Running), 200m - (200 Frame Running), 400m - (400m Frame Running)
104	Joe Brazier	Male	Harlow AC	100m (100m Wheel Chair), - 400m (Wheelchair), - 800m (Wheelchair)
105	Richard Chiassaro	Male	Harlow AC	100m (100m Wheel Chair), - 400m (Wheelchair)
106	Marcus Perrineau Daley	Male	Weir Archer Academy	100m (100m Wheel Chair)
107	Jamie Edwards	Male	Weir Archer Academy	100m (100m Wheel Chair), 200m - (200m Wheel Chair), +2 more
108	James Freeman	Male	Weir Archer Academy	100m (100m Wheel Chair), - 400m (Wheelchair)

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Entry for Officials only

PHYSIO AREA

WCR & FR Warm up area
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BEDFORD STADIUM

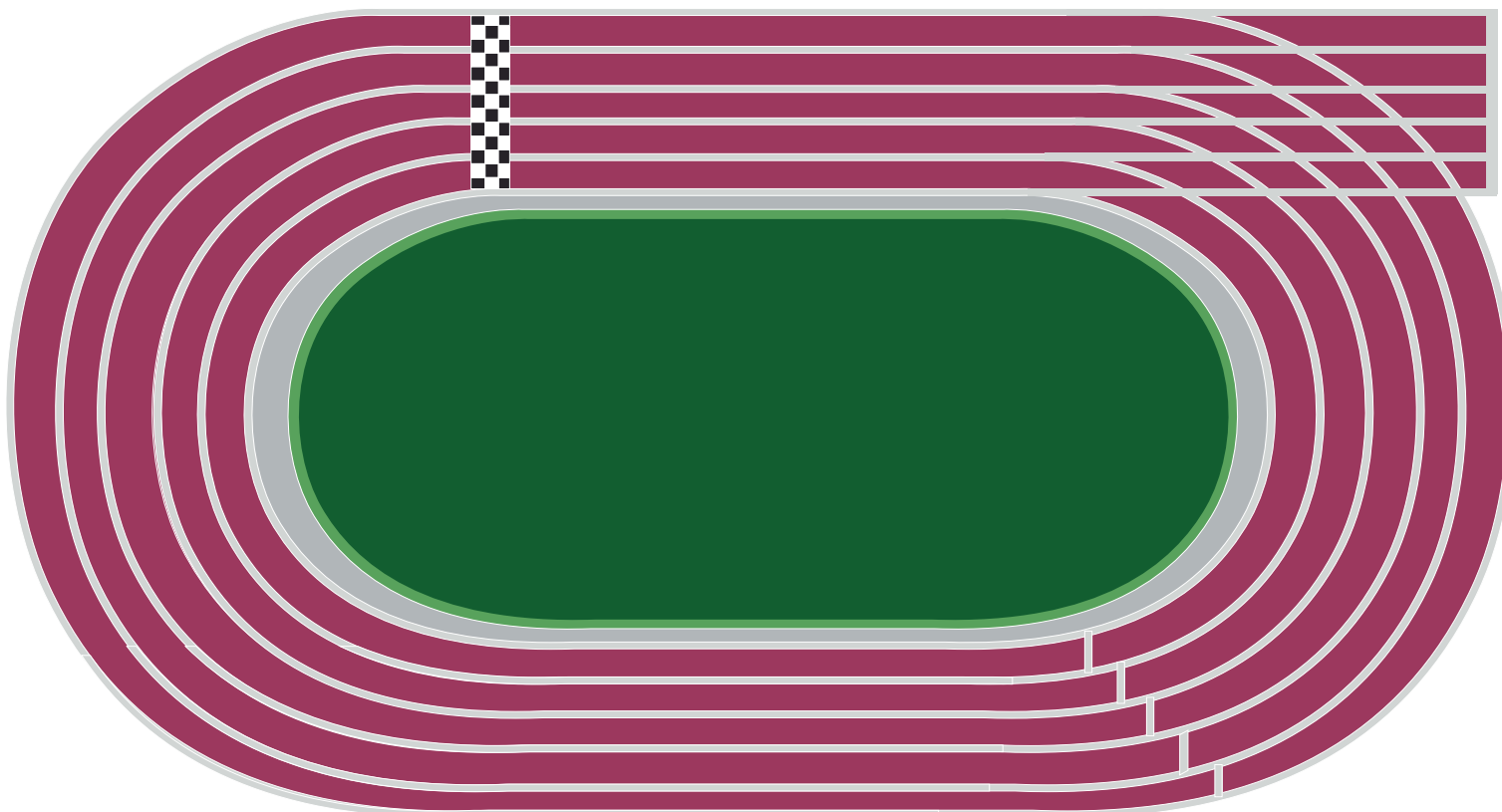


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ENGLAND ATHLETICS SENIOR & DISABILITY CHAMPIONSHIPS, ATHLETES LIST CONTINUED.

BiB	Athlete	Gender	Club	Event
109	Moatez Jomni	Male	Weir Archer Academy	100m (100m Wheel Chair), 400m (Wheelchair)
110	Dillon LaBrooy	Male	Weir Archer Academy	100m (100m Wheel Chair), 800m (Wheelchair), 1500m (Wheelchair)
111	Hilmy Shawwal	Male	Weir Archer Academy	100m (100m Wheel Chair), 200m (200m Wheel Chair)
112	Zien Zhou	Male	Coventry Godiva Harriers	100m (100m Wheel Chair), 400m (Wheelchair), 800m (Wheelchair)
113	Dema Amein	Female	Orion Harriers	100m (Ambulant)
114	Sally Brown	Female	Charnwood A C	100m (Ambulant), 200m (200m Ambulant)
115	Madeline Down	Female	Halesowen ACC	100m (Ambulant), Long Jump (Ambulant Long Jump)
116	Bebe Jackson	Female	Harlow AC	100m (Ambulant), 200m (200m Amb), Long Jump (Amb Long Jump)
117	Debbie O'Connell	Female	Lincoln Wellington Athletic Club	100m (Ambulant), 400m (Ambulant)
118	Esme Megan O'connell	Female	Dacorum Athletic Club	100m (Amb), Long Jump (Amb Long Jump)
119	Faye Olszowka	Female	Bexley AC	100m (Ambulant), 200m (200m Ambulant), +2 more
120	Rebecca Scott	Female	Stevenage & North Herts AC	100m (Amb), Long Jump (Amb Long Jump)
121	Orla Conneely	Female	Chesterfield & District AC	100m (Frame Running), 400m (400m Frame Running)
122	Charlie Denman	Female	Gloucester AC	100m (Frame Running), 200m (200m Frame Running), 400m (400m Frame Running)
123	Frederick Afrifa	Male	Virtus Lucca	200m
124	Akeem Akintokun	Male	Havering AC	200m
125	Cameron Bailey	Male	Ipswich Harriers	200m, 400m
126	Evan Stuart Lyall Blackman	Male	Durham University	200m
127	Blake Tiger-Lee Brown	Male	Sale Harriers Manchester	200m
128	Toby Harries	Male	Brighton Phoenix	200m
129	Ben Higgins	Male	City of Sheffield and Dearne AC	200m
130	Jacob Edward Hockin	Male	Harrogate Harriers & AC	200m
131	Kevin Edward Hodgson	Male	Bournemouth AC	200m, 400m
132	Joel Houslin	Male	Thames Valley Harriers	200m
133	Tyler Johnson	Male	Jersey Spartan AC	200m, 400m
134	Nicholas Kanonik	Male	Yate & District AC	200m, 400m
135	Derek Kinlock	Male	Croydon Harriers	200m
136	Kevin Ronald Metzger	Male	Trafford Athletic Club	200m
137	Reality Osuoha	Male	City of Sheffield and Dearne AC	200m
138	Marvric Pamphile	Male	Rugby & Northampton AC	200m, 400m
139	Ben Paris	Male	Swansea Harriers	200m
140	Grant Plenderleith	Male	City of Sheffield and Dearne AC	200m
141	Elliott Powell	Male	Leicester Coritanian AC	200m, 400m
142	Tommy Ramdhan	Male	Bexley AC	200m
143	Leon Reid	Male	Birchfield Harriers	200m
144	Peter Shand	Male	Birchfield Harriers	200m, 400m
145	Michael Shonibare	Male	Victoria Park Harriers and Tower Hamlets AC	200m, 400m
146	Ben Snaith	Male	Newham & Essex Beagles AC	200m

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"THE AAA HAS A FUND WHICH IS ABLE TO SUPPORT ENGLISH ATHLETES UNDER THE AGE OF 23 WHO ARE IN FULL TIME EDUCATION AND ACTIVE IN ATHLETICS. APPLICANTS SHOULD NOT BE RECEIVING OTHER FUNDING AND BE ELIGIBLE TO COMPETE FOR ENGLAND.

REGISTERED CHARITY ATHLETICS FOR THE YOUNG OFFER FINANCIAL HELP TO YOUNG ATHLETES AND AIM TO SPREAD THEIR MONEY WIDELY TO AS MANY AS POSSIBLE SO ATHLETES RECEIVING HELP ELSEWHERE WILL NOT USUALLY BE GRANTED AN AWARD. THE CHARITY ARE PARTICULARLY INTERESTED IN HELPING GENUINE HARDSHIP CASES FOR PROMISING YOUNG ATHLETES. OVER RECENT YEARS, IT HAS BEEN THE POLICY OF THE CHARITY TO AWARD SMALL GRANTS OF THE ORDER OF £50 TO £200. IT IS POSSIBLE TO APPLY FOR FUNDS FOR COSTS INCLUDING EQUIPMENT AND TRAVEL.

CRITERIA

- ARE YOU INVOLVED IN THE SPORT OF ATHLETICS?
- ARE YOU IN FULL TIME EDUCATION IN ENGLAND?
- DO YOU HAVE RECORDED POWER OF TEN PERFORMANCES?
 - DO YOU HAVE YOUR OWN BANK ACCOUNT?
- HAS THIS APPLICATION BEEN COMPLETED BY THE APPLICANT?
- ARE YOU OVER 13 YEARS OLD AND UNDER 23 YEARS OF AGE?

ANY QUERIES ABOUT THIS SCHEME, PLEASE CONTACT
KATIE: AFTYGRANT@OUTLOOK.COM
APPLICATION WINDOW IS FROM
OCTOBER 2022 – FEBRUARY 2023

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ENGLAND ATHLETICS SENIOR & DISABILITY CHAMPIONSHIPS, ATHLETES LIST CONTINUED.

BiB	Athlete	Gender	Club	Event
147	Finette Agyapong	Female	Newham & Essex Beagles AC	200m
148	Rachel Bennett	Female	Gateshead Harriers & AC	200m
149	Stacey Downie	Female	Edinburgh Athletics Club	200m, 400m
150	Hannah Foster	Female	Shaftesbury Barnet Harriers	200m
151	Yasmin Liverpool	Female	Coventry Godiva Harriers	200m
152	Jasmine Moss	Female	Gateshead Harriers & AC	200m
153	Sophie Papps	Female	Windsor Slough Eton & Hounslow AC	200m
154	Alicia Regis	Female	Enfield and Haringey A C	200m
155	Sophie Segun	Female	Herts Phoenix AC	200m
156	Madeleine Whapples	Female	Solihull & Small Heath Athletic Club	200m
157	Dylan Harris	Male	Reading AC	200m (200m Ambulant), - 400m (Ambulant)
158	Toby Markham	Male	Newham & Essex Beagles AC	200m (200m Ambulant), - 400m (Ambulant)
159	Omololu Abiodun	Male	Woodford Green AC with Essex Ladies	400m
160	Kyle Alexander	Male	Giffnock North AC	400m
161	Ollie Biddle	Male	Bristol and West AC	400m
162	Matthew Buckner	Male	Bracknell AC	400m
163	Jamal Clarke	Male	Windsor Slough Eton & Hounslow AC	400m
164	Thomas Corel	Male	Belgrave Harriers	400m
165	Mark Cottam	Male	Bristol and West AC	400m
166	Hakan Dalbal	Male	City of Sheffield and Dearne AC	400m
167	Kema Egbunike	Male	Harrow AC	400m
168	Ben Hawkes	Male	Leamington Cycling and Athletic Club	400m
169	Sam Hazel	Male	Shaftesbury Barnet Harriers	400m
170	Bayleigh Lawton	Male	Spenborough & Dist AC	400m
171	Luke Lennon-Ford	Male	Thames Valley Harriers	400m
172	Rio Mitcham	Male	Birchfield Harriers	400m
173	Connor Neal	Male	Thanet AC	400m
174	Isaac Ogunlade	Male	Herne Hill Harriers	400m, 400m Hurdles
175	Efekemo Okoro	Male	Birchfield Harriers	400m, 400m Hurdles
176	Matthew Overall	Male	Crawley AC	400m
177	Jacob Paul	Male	Windsor Slough Eton & Hounslow AC	400m, 400m Hurdles
178	Dan Putnam	Male	Blackheath & Bromley Harriers AC	400m
179	Jamal-Marcus Kadeem Rhoden-Stevens		Shaftesbury Barnet Harriers	400m
180	Callum Rorison	Male	Athletics Australia	400m
181	Lyle Sargent	Male	-	400m
182	Moyo Sargent	Male	Loughborough Students AC	400m
183	Kareem Selman-Jackson	Male	-	400m
184	Lee Thompson	Male	City of Sheffield and Dearne AC	400m
185	Lewis Andrew Thorn	Male	Braintree & District AC	400m
186	Ben Wells	Male	Yate & District AC	400m
187	Dale Willis	Male	Corby AC	400m
188	Emma Alderson	Female	Liverpool Harriers & AC	400m
189	Susanna Banjo	Female	Newham & Essex Beagles AC	400m
190	Lily Beckford	Female	Shaftesbury Barnet Harriers	400m
191	Ella Blakey	Female	Derby Athletic Club	400m

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ENGLAND ATHLETICS SENIOR & DISABILITY CHAMPIONSHIPS, ATHLETES LIST CONTINUED.

BiB	Athlete	Gender	Club	Event
192	Seren Bundy-Davies	Female	Trafford Athletic Club	400m
193	Olivia Caesar	Female	Swansea Harriers	400m
194	Laura Clark	Female	-	400m
195	Rachel Dickens	Female	Blackheath & Bromley Harriers AC	400m
196	Holly Gregory	Female	Crawley AC	400m
197	Sian Harry	Female	Belgrave Harriers	400m
198	Amy Hillyard	Female	Birchfield Harriers	400m
199	Hannah Kelly	Female	Bolton United Harriers & AC	400m
200	Jodie Martin	Female	Kingston upon Hull AC	400m
201	Ese Okoro	Female	Birchfield Harriers	400m, 400m Hurdles
202	Bronwen Reed	Female	Trafford Athletic Club	400m
203	Ffion Roberts	Female	Cardiff Athletics	400m
204	Asha Root	Female	Tonbridge AC	400m
205	Lauren Rule	Female	Herts Phoenix AC	400m
206	Isabelle Jane Skelton	Female	Corby AC	400m
207	Jessica Turner	Female	Amber Valley and Erewash Athletic Club	400m
208	Travis Anderson	Male	Durham City Harriers & AC	400m (Ambulant)
209	Arthur Milles	Male	St Mary's Richmond AC	400m (Ambulant)
210	Prince Reid	Male	Blackheath & Bromley Harriers AC	400m (Ambulant)
211	Josh Hartley	Male	Coventry Godiva Harriers	400m (Wheelchair), - 800m (Wheelchair)
212	Will Bellamy	Male	Houghton Harriers & AC	800m
213	Christian Byron	Male	Birchfield Harriers	800m
214	Jordan Chambers	Male	Tonbridge AC	800m
215	Lewis George David Cotterill	Male	Windsor Slough Eton & Hounslow AC	800m
216	Charlie Crick	Male	Tonbridge AC	800m
217	Ed Dodd	Male	City of Portsmouth AC	800m
218	Jack Higgins	Male	Bexley AC	800m
219	Ted Higgins	Male	Bexley AC	800m
220	Eddie Hunter	Male	Leeds City Athletic Club	800m
221	Sam Jones	Male	St Albans AC	800m
222	Yeshnil Avishek Karan	Male	-	800m, 1500m
223	Jack Lunn	Male	Athletics Australia	800m
224	Jake Minshull	Male	Coventry Godiva Harriers	800m, 400m Hurdles
225	Sean Molloy	Male	Tonbridge AC	800m
226	Benjamin Murphy	Male	Tonbridge AC	800m
227	Joseph O'Hara	Male	Bexley AC	800m
228	Charlie Roberts	Male	St Helens Sutton AC	800m
229	Ben Waterman	Male	Ealing Southall & Middlesex AC	800m
230	Jack White	Male	-	800m
231	Jonny White	Male	City of Portsmouth AC	800m
232	Anna Clark	Female	Woodford Green AC with Essex Ladies	800m
233	Maddie Deadman	Female	Basingstoke & Mid Hants AC	800m
234	Steph Driscoll	Female	Liverpool Harriers & AC	800m
235	Molly Jane Hudson	Female	Derby Athletic Club	800m
236	Saskia Huxham	Female	Hallamshire Harriers Sheffield	800m
237	Isobel Ives	Female	Basildon AC	800m

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ENGLAND ATHLETICS SENIOR & DISABILITY CHAMPIONSHIPS, ATHLETES LIST CONTINUED.

BiB	Athlete	Gender	Club	Event
238	Rhiannon Lington-Payne	Female	Cardiff Athletics	800m
239	Phillipa Grace Lowe	Female	Dacorum Athletic Club	800m
240	Sarah McDonald	Female	Birchfield Harriers	800m
241	Alex Mundell	Female	Thames Valley Harriers	800m
242	Jessica Norkett	Female	Thetford AC	800m
243	Matilda Ryan	Female	Athletics Australia	800m
244	Emily Simpson	Female	City of Sheffield and Dearne AC	800m
245	Grace Vans Agnew	Female	Crawley AC	800m
246	Beatrix Wraith	Female	The HAWCS	800m
247	Nick Armstrong	Male	Newham & Essex Beagles AC	1500m
248	Adrian Bailes	Male	Birtley AC	1500m
249	Daniel Bebbington	Male	Blackburn Harriers & AC	1500m, 5000m
250	Tyler Bilyard	Male	Great Yarmouth & District AC	1500m
251	Joe Blacknell	Male	Aldershot Farnham & District	1500m
252	Mark Booth	Male	Reading AC	1500m
253	Stuart Brown	Male	Tonbridge AC	1500m
254	Kieran Clements	Male	Shaftesbury Barnet Harriers	1500m
255	Niki Faulkner	Male	Thames Valley Harriers	1500m
256	Scott Greeves	Male	City of Norwich AC	1500m
257	Ricky Harvie	Male	Aldershot Farnham & District	1500m, 5000m
258	Matthew Hussey	Male	Athletics Australia	1500m
259	Kristian Imroth	Male	Shaftesbury Barnet Harriers	1500m
260	James McCrae	Male	Hallamshire Harriers Sheffield	1500m
261	Blake Moore	Male	Windsor Slough Eton & Hounslow AC	1500m
262	Mark Pearce	Male	Shaftesbury Barnet Harriers	1500m
263	George Rowland	Male	Doncaster Athletic Club	1500m
264	Tom Syckelmoore	Male	Basingstoke & Mid Hants AC	1500m
265	Joshua Robert Trigwell	Male	Belgrave Harriers	1500m
266	Joseph Tuffin	Male	Rushcliffe AC	1500m
267	Michael Wilson	Male	Sunderland Harriers & AC	1500m
268	Lara Atkinson	Female	Cambridge Harriers	1500m

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ENGLAND ATHLETICS SENIOR & DISABILITY CHAMPIONSHIPS, ATHLETES LIST CONTINUED.

BiB	Athlete	Gender	Club	Event
269	Pippa Bailey	Female	Herts Phoenix AC	1500m
270	Sinead Bent	Female	Trafford Athletic Club	1500m
271	Molly Butterworth	Female	Doncaster Athletic Club	1500m
272	Lauren Church	Female	Reading AC	1500m
273	Isobel Cotham	Female	Wolverhampton & Bilston	1500m
274	Bryony Louise Gunn	Female	Birchfield Harriers	1500m
275	Jaylah Hancock-Cameron	Female	Athletics Australia	1500m
276	Emma Howsham	Female	Reading AC	1500m
277	Rebecca Johnson	Female	Highgate Harriers	1500m
278	Laurie Marlow	Female	Reading AC	1500m
279	Samantha Eloise Mason	Female	Salford Harriers & AC	1500m
280	Khahisa Amelie Mhlanga	Female	Herts Phoenix AC	1500m
281	Emily Moyes	Female	Aldershot Farnham & District	1500m, 3000m Steeplechase
282	Eve Pound	Female	City of Sheffield and Dearne AC	1500m
283	Alexandra Shipley	Female	Milton Keynes Distance Project	1500m
284	Philippa Elizabeth Stone	Female	Middlesbrough Athletic Club (Mandale)	1500m
285	Sophie Tarver	Female	Wirral AC	1500m
286	Hannah Rachel Taunton	Female	Taunton AC	1500m
287	Brogan Wallace	Female	London Heathside	1500m
288	Alice Wright	Female	Brighton Phoenix	1500m
289	Brandon John Patrick Ballard	Male	Huntingdonshire AC	1500m (1500m Ambulant)
290	James McKibbin	Male	North Devon AC	1500m (1500m Ambulant)
291	Kieran Oâ€™Hara	Male	Havering AC	1500m (1500m Ambulant)
292	Daniel John Wolff	Male	Epsom & Ewell Harriers	1500m (1500m Ambulant)
293	Jordan Lacey	Female	Southend On Sea AC	1500m (1500m Ambulant)
294	Anna Mary McBride	Female	Notts AC	1500m (1500m Ambulant)
295	Rebecca Jane Oâ€™Rourke	Female	Havering AC	1500m (1500m Ambulant)
296	Jade Kathryn Smith	Female	MadRunners	1500m (1500m Ambulant)
297	George Beardmore	Male	Worcester AC	5000m
298	Tom Butler	Male	Shaftesbury Barnet Harriers	5000m
299	Josh Carr	Male	Thames Hare & Hounds	5000m
300	Jack Gray	Male		5000m
301	Isaac Heyne	Male	Athletics Australia	5000m
302	Callum O'Neill	Male		5000m
303	Kieran Reilly	Male	Tonbridge AC	5000m
304	Dean Williamson	Male		5000m
305	Charlotte Alexander	Female	Tonbridge AC	5000m
306	Sophie Cowper	Female	Rotherham Harriers and AC	5000m
307	Kate Estlea	Female	Aldershot Farnham & District	5000m
308	Alex Eykelbosch	Female	Dacorum Athletic Club	5000m
309	Kate Holt	Female	City of Stoke AC	5000m
310	Naomi Lenane	Female	Belgrave Harriers	5000m
311	Rebecca Murray	Female	Bedford & County AC	5000m
312	Jessica Noble	Female	Athletics Australia	5000m
313	Louise Small	Female	Aldershot Farnham & District	5000m
314	Elisha Tait	Female	Gateshead Harriers & AC	5000m
315	Ellie Wallace	Female	North Somerset AC	5000m

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ENGLAND ATHLETICS SENIOR & DISABILITY CHAMPIONSHIPS, ATHLETES LIST CONTINUED.

BIB	Athlete	Gender	Club	Event
316	Katy Wood	Female	City of York AC	5000m
317	Ross Connor	Male	City of Stoke AC	3000m Steeplechase
318	Sam Costley	Male	Southampton Athletic Club	3000m Steeplechase
319	Alexander Kwa	Male	Athletics Australia	3000m Steeplechase
320	Oliver Newton	Male	Thames Valley Harriers	3000m Steeplechase
321	Kirstie Booth	Female	Taunton AC	3000m Steeplechase
322	Maisie Grice	Female	Aldershot Farnham & District	3000m Steeplechase
323	Lucy Jones	Female	Charnwood A C	3000m Steeplechase
324	Chloe Sharp	Female	Woking AC	3000m Steeplechase
325	Jenna Blundell	Female	Bristol and West AC	100m Hurdles
326	Angelita Broadbelt-Blake	Female	Thames Valley Harriers	100m Hurdles
327	Jasmine Clark	Female	Trafford Athletic Club	100m Hurdles
328	Mallory Cluley	Female	Blackheath & Bromley Harriers AC	100m Hurdles
329	Sarah Connolly	Female	Harrow AC	100m Hurdles
330	Miriam Glassner	Female	Victoria Park Harriers and Tower Hamlets AC	100m Hurdles
331	Caryl Granville	Female	Swansea Harriers	100m Hurdles, 400m Hurdles
332	Samantha Harris	Female	Tavistock AC	100m Hurdles
333	Kira Holt	Female	Kingston AC And Poly Harriers	100m Hurdles
334	Jessica Hunter	Female	Vale of Aylesbury AC	100m Hurdles
335	Iona Irvine	Female	Oxford City AC	100m Hurdles, Long Jump
336	Zoe Lucas	Female	Notts AC	100m Hurdles
337	Megan Grace Marrs	Female	Windsor Slough Eton & Hounslow AC	100m Hurdles
338	Adrine Monagi	Female		100m Hurdles
339	Emma Nwofor	Female	Newham & Essex Beagles AC	100m Hurdles
340	Lilly-Ann O'Hora	Female	Dooneen AC	100m Hurdles
341	Heather Paton	Female	SCOTLAND	100m Hurdles
342	Emily Russell	Female	Harrow AC	100m Hurdles
343	Jyothi Yarraji	Female		100m Hurdles
344	Joseph Agbodza	Male	Southend On Sea AC	110m Hurdles
345	David Aryeetey	Male	Harrow AC	110m Hurdles, 400m Hurdles
346	Ewan Bradley	Male	Loughborough Students AC	110m Hurdles
347	Ayomide Byron	Male	St Albans AC	110m Hurdles
348	Rico Cottell	Male	Blackheath & Bromley Harriers AC	110m Hurdles
349	Ollie Cresswell	Male	Woodford Green AC with Essex Ladies	110m Hurdles
350	Edson Gomes	Male	Shaftesbury Barnet Harriers	110m Hurdles
351	Callum George Holder	Male	Sutton & District AC	110m Hurdles
352	Sam Hurwood	Male	Athletics Australia	110m Hurdles
353	Matthew Lee	Male	Harrow AC	110m Hurdles
354	Curtis Mitchell	Male	Preston Harriers	110m Hurdles
355	Miguel Perera	Male	Harrow AC	110m Hurdles
356	Bradley Reed	Male	Chelmsford AC	110m Hurdles
357	William Ritchie-Moulin	Male	Birchfield Harriers	110m Hurdles, 400m Hurdles
358	Sam Talbot	Male	City of Sheffield and Dearne AC	110m Hurdles
359	Tom James Wilcock	Male	Northampton AC	110m Hurdles
360	Rob Woolgar	Male	Bournemouth AC	110m Hurdles, Long Jump
361	Andrew Ajube	Male	Thames Valley Harriers	400m Hurdles
362	Samuel Clarke	Male	Cambridge & Coleridge AC	400m Hurdles

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ENGLAND ATHLETICS SENIOR & DISABILITY CHAMPIONSHIPS, ATHLETES LIST CONTINUED.

BIB	Athlete	Gender	Club	Event
363	Alex Daley	Male	Bristol and West AC	400m Hurdles
364	Tyri Donovan	Male	Windsor Slough Eton & Hounslow AC	400m Hurdles
365	Luke Dronfield	Male	Blackheath & Bromley Harriers AC	400m Hurdles
366	Josh Faulds	Male	Shaftesbury Barnet Harriers	400m Hurdles
367	Mark Fokas	Male	Athletics Australia	400m Hurdles
368	James Greenhalgh	Male	City of Sheffield and Dearne AC	400m Hurdles
369	Jack Lawrie	Male	Woodford Green AC with Essex Ladies	400m Hurdles
370	Maranga Mokaya	Male	Notts AC	400m Hurdles
371	Benjamin Okeiyi Vicencio	Male	Crawley AC	400m Hurdles
372	Daniel Morgan Rees	Male	Shaftesbury Barnet Harriers	400m Hurdles
373	Max Schopp	Male	Harrow AC	400m Hurdles
374	Bailey Stickings	Male	Blackheath & Bromley Harriers AC	400m Hurdles
375	James Webster	Male	Liverpool Harriers & AC	400m Hurdles
376	Orla Brennan	Female	Windsor Slough Eton & Hounslow AC	400m Hurdles
377	Chay Clark	Female	Chelmsford AC	400m Hurdles
378	Elisabeth Clifford	Female	Southampton Athletic Club	400m Hurdles
379	Nisha Desai	Female	Morpeth Harriers & AC	400m Hurdles
380	Sophie Ellis	Female	Blackheath & Bromley Harriers AC	400m Hurdles
381	Alexandra Hill	Female	Blackheath & Bromley Harriers AC	400m Hurdles
382	Joy Lisney	Female	Newham & Essex Beagles AC	400m Hurdles
383	Hayley McLean	Female	Shaftesbury Barnet Harriers	400m Hurdles
384	Nessa Millet	Female	Notts AC	400m Hurdles
385	Jasmine Isobel Mitchell	Female	Woodford Green AC with Essex Ladies	400m Hurdles
386	Deirdre Murray	Female	Na Fianna AC	400m Hurdles
387	Hermione Plumtre	Female	Birchfield Harriers	400m Hurdles
388	Zoe Hester Pollock	Female	Oxford City AC	400m Hurdles
389	Amy Pye	Female	Cannock & Stafford AC	400m Hurdles
390	Jessica Tappin	Female	Thames Valley Harriers	400m Hurdles
391	Chelsea Walker	Female	City of York AC	400m Hurdles
392	Marli Wilkinson	Female	Athletics Australia	400m Hurdles
393	Toni Ademuwagun	Male	Thames Valley Harriers	High Jump
394	Kelechi Aguocha	Male	Blackheath & Bromley Harriers AC	High Jump
395	Tayo Andrews	Male	Harrow AC	High Jump
396	Ryan Bonifas	Male	Basingstoke & Mid Hants AC	High Jump
397	Adam Brooks	Male	Yate & District AC	High Jump
398	Akin Coward	Male	Shaftesbury Barnet Harriers	High Jump
399	Divine Duruaku	Male	Notts AC	High Jump
400	Jack Ennis	Male	Croydon Harriers	High Jump
401	Jonathon Heath	Male	City of Sheffield and Dearne AC	High Jump
402	Thomas James Hewes	Male	Chelmsford AC	High Jump
403	Charlie Jacob Husbands	Male	Bromsgrove and Redditch	High Jump
404	Adam Jones	Male	Southampton Athletic Club	High Jump
405	Yual Reath	Male	Athletics Australia	High Jump
406	Kate Anson	Female	Liverpool Harriers & AC	High Jump
407	Janet Browne	Female	Birchfield Harriers	High Jump
408	Jazmin Cooke	Female	Bournemouth AC	High Jump
409	Bernice Coulson	Female	Birchfield Harriers	High Jump

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ENGLAND ATHLETICS SENIOR & DISABILITY CHAMPIONSHIPS, ATHLETES LIST CONTINUED.

BiB	Athlete	Gender	Club	Event
410	Shannon Craig	Female	Loughborough Students AC	High Jump
411	Emily Madden Forman	Female	Stratford Upon Avon AC	High Jump
412	Jordanna Morrish	Female	Bracknell AC	High Jump, Long Jump
413	Emily Race	Female	Worksop Harriers	High Jump
414	Pippa Rogan	Female	Thames Valley Harriers	High Jump
415	Hollie Smith	Female	Kingston upon Hull AC	High Jump
416	Hannah Tapley	Female	Cardiff Athletics	High Jump
417	Emily Whelan	Female	Athletics Australia	High Jump
418	Nicolas Cole	Male	City of Sheffield and Dearne AC	Pole Vault
419	Charlie Myers	Male	Birtley AC	Pole Vault
420	Jack Phipps	Male	Birchfield Harriers	Pole Vault
421	George Turner	Male	Crawley AC	Pole Vault
422	Megan Bailey	Female	Harrow AC	Pole Vault
423	Jasmine Carey	Female	Blackpool Wyre & Fylde AC	Pole Vault
424	Sophie Marie Dowson	Female	Blackheath & Bromley Harriers AC	Pole Vault
425	Elizabeth Edden	Female	Birchfield Harriers	Pole Vault
426	Jade Ive	Female	Sutton & District AC	Pole Vault
427	Carys Jones	Female	Swansea Harriers	Pole Vault
428	Esther Leong	Female	Bristol and West AC	Pole Vault
429	Courtney MacGuire	Female	Edinburgh Athletics Club	Pole Vault
430	Felicia Miloro	Female	Loughborough Students AC	Pole Vault
431	Nemiah Munir	Female	Wycombe Phoenix Harriers & AC	Pole Vault
432	Shannon Rapacchi	Female	Stevenage & North Herts AC	Pole Vault
433	Jessica Milena Robinson	Female	Windsor Slough Eton & Hounslow AC	Pole Vault
434	Jade Spencer-Smith	Female	Harrow AC	Pole Vault
435	Gemma Tutton	Female	Lewes AC	Pole Vault
436	Trevor Alexanderson	Male	Birchfield Harriers	Long Jump
437	Joshua Barrett-Mowatt	Male	Victoria Park Harriers and Tower Hamlets AC	Long Jump
438	Jake Burkey	Male	University of Birmingham AC / Cross Country Club	Long Jump
439	Brad Davies-Pughe	Male	Shaftesbury Barnet Harriers	Long Jump
440	Alexander Aaron Farquharson	Male	Coventry Godiva Harriers	Long Jump
441	Jacob Fincham-Dukes	Male	Leeds City Athletic Club	Long Jump
442	Joel Matthew Grenfell	Male	Peterborough & Nene Valley AC	Long Jump
443	Toby Hiller	Male	Wimborne AC	Long Jump
444	Samuel Khogali	Male	Woodford Green AC with Essex Ladies	Long Jump
445	Mitchell Lawrence	Male	Swansea Harriers	Long Jump
446	Paul Ogun	Male	Croydon Harriers	Long Jump
447	Jack Roach	Male	Harrow AC	Long Jump
448	Daniel Ryan	Male	Herne Hill Harriers	Long Jump
449	Dillon Ryan	Male	Moycarkey Coolcree A.C.	Long Jump
450	Josh Woods	Male	Shaftesbury Barnet Harriers	Long Jump
451	Brittany Carroll	Female	Athletics Australia	Long Jump
452	Rebecca Chapman	Female	Cardiff Athletics	Long Jump
453	Adahna Ekoku	Female	Thames Valley Harriers	Long Jump
454	Lucy Fellows	Female	Windsor Slough Eton & Hounslow AC	Long Jump
455	Alice Hopkins	Female	Oxford City AC	Long Jump

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ENGLAND ATHLETICS SENIOR & DISABILITY CHAMPIONSHIPS, ATHLETES LIST CONTINUED.

BiB	Athlete	Gender	Club	Event
456	Charlotte Jones	Female	Charnwood A C	Long Jump
457	Stephanie Jones	Female	Sale Harriers Manchester	Long Jump
458	EljonÅ© Kruger	Female	Shaftesbury Barnet Harriers	Long Jump
459	Suzanne Palmer	Female	Derby Athletic Club	Long Jump
460	Hayley Perrin	Female		Long Jump
461	Emily Thomas	Female	Cardiff Archers	Long Jump
462	Jahisha Thomas	Female	Blackheath & Bromley Harriers AC	Long Jump
463	Jordan Andrew	Male	Newham & Essex Beagles AC	Long Jump (Ambulant Long Jump)
464	Joseph Gray	Male	Gateshead Harriers & AC	Long Jump (Ambulant Long Jump)
465	Luke Sinnott	Male	AECC (BUCS)	Long Jump (Ambulant Long Jump)
466	Martina Rosie Barber	Female	Stevenage & North Herts AC	Long Jump (Ambulant Long Jump)
467	Aaron Ashmead-Shoye	Male	Newham & Essex Beagles AC	Triple Jump
468	Joel Bright-Davies	Male	Thames Valley Harriers	Triple Jump
469	Jude Bright-Davies	Male	Thames Valley Harriers	Triple Jump
470	Jason Dankyi	Male	Sale Harriers Manchester	Triple Jump
471	Toby Dronfield	Male	Blackheath & Bromley Harriers AC	Triple Jump
472	Theophilus Fadayiro	Male	Newham & Essex Beagles AC	Triple Jump
473	Joseph Gilkes	Male	Coventry Godiva Harriers	Triple Jump
474	Daniel Lewis	Male	Shaftesbury Barnet Harriers	Triple Jump
475	Ade Mason	Male	Shaftesbury Barnet Harriers	Triple Jump
476	Wesley Matsuka-Williams	Male	City of Norwich AC	Triple Jump
477	Nahbi Odeh	Male	Leicester Coritanian AC	Triple Jump
478	Seun Okome	Male	Sale Harriers Manchester	Triple Jump
479	Archie Yeo	Male	Kingston upon Hull AC	Triple Jump
480	Caitlin Blackman	Female	Athletics Australia	Triple Jump
481	Melissa Booth	Female	Sale Harriers Manchester	Triple Jump
482	Saragh Buggy	Female		Triple Jump
483	Mary Elcock	Female	Southampton Athletic Club	Triple Jump
484	Sineade Gutzmore	Female	Birchfield Harriers	Triple Jump
485	Lily Hulland	Female	Thames Valley Harriers	Triple Jump

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ENGLAND ATHLETICS SENIOR & DISABILITY CHAMPIONSHIPS, ATHLETES LIST CONTINUED.

BiB	Athlete	Gender	Club	Event
486	Montana Jackson	Female	Thames Valley Harriers	Triple Jump
487	Joanna Lawler-Rhodes	Female	Bingley Harriers & AC	Triple Jump
488	Victoria Oshunremi	Female	Basildon AC	Triple Jump
489	Belinda Sergeant	Female	Bedford & County AC	Triple Jump
490	Kacey Gabriella Walters	Female	Shaftesbury Barnet Harriers	Triple Jump
491	Kane Aubrey	Male	Harrow AC	Shot Put
492	Lewis Byng	Male	Stratford Upon Avon AC	Shot Put
493	George Hyde	Male	Harrow AC	Shot Put
494	Scott Jones	Male	Trafford Athletic Club	Shot Put
495	Angus Lockhart	Male	Harrow AC	Shot Put
496	Youcef Zatat	Male	Woodford Green AC with Essex Ladies	Shot Put
497	Emma Berg	Female	Athletics Australia	Shot Put
498	Sophie Merritt	Female	Bournemouth AC	Shot Put
499	Shaunna Thompson	Female	Sale Harriers Manchester	Shot Put
500	Serena Vincent	Female	City of Portsmouth AC	Shot Put
501	Ross Macmillan Bradley	Male	Chelmsford AC	Shot Put (Ambulant Shot Put), -
-	-	-	-	Discus Throw (Ambulant Discus),
-	-	-	-	Javelin Throw (Ambulant Javelin)
502	Kyron Duke	Male	DSW Para Academy	Shot Put (Ambulant Shot Put)
503	Michael Robert Jenkins	Male	Pembrokeshire Harriers	Shot Put (Ambulant Shot Put),
-	-	-	-	Discus Throw (Ambulant Discus)
504	Declan Manning	Male	City of Norwich AC	Shot Put (Ambulant Shot Put),
-	-	-	-	Discus Throw (Ambulant Discus),
-	-	-	-	Hammer Throw
505	Philip Trant	Male	City of Portsmouth AC	Shot Put (Ambulant Shot Put),
-	-	-	-	Javelin Throw (Ambulant Javelin)
506	Lydia Church	Female	Peterborough & Nene Valley AC	Shot Put (Ambulant Shot Put)
507	Samira Fredrica Cox	Female	Macclesfield Harriers & AC	Shot Put (Ambulant Shot Put),
-	-	-	-	Discus Throw (Ambulant Discus),
-	-	-	-	Javelin Throw (Ambulant Javelin)
508	Sabrina Ann Fortune	Female	Deeside AAC	Shot Put (Ambulant Shot Put)
509	Anna Nicholson	Female	Gateshead Harriers & AC	Shot Put (Ambulant Shot Put),
-	-	-	-	Discus Throw (Ambulant Discus)
510	Emily Stewart F38	Female	Gateshead Harriers & AC	Shot Put (Ambulant Shot Put),
-	-	-	-	Discus Throw (Ambulant Discus)
511	Amy Thompson	Female	Wigan & District H & AC	Shot Put (Ambulant Shot Put),
-	-	-	-	Discus Throw (Ambulant Discus)
512	Ozioma Nlewedum	Female	Enfield and Haringey A C	Shot Put (Seated Shot Put)
513	Joshua Joseph Douglas	Male	Southampton Athletic Club	Discus Throw
514	Mark Plowman	Male	Yeovil Olympiads AC	Discus Throw
515	Chris Scott	Male	Southampton Athletic Club	Discus Throw
516	Greg Thompson	Male	Shaftesbury Barnet Harriers	Discus Throw
517	James Christopher Tomlinson	Male	Birchfield Harriers	Discus Throw
518	Reuben Vaughan	Male	Croydon Harriers	Discus Throw
519	Isaac Wood	Male	Burton AC	Discus Throw
520	Emma Louise Beardmore	Female	Harrow AC	Discus Throw
521	Emma Marjorie Botham	Female	Woodford Green AC with Essex Ladies	Discus Throw

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ENGLAND ATHLETICS SENIOR & DISABILITY CHAMPIONSHIPS, ATHLETES LIST CONTINUED.

BiB	Athlete	Gender	Club	Event
522	Samantha Callaway	Female	Newham & Essex Beagles AC	Discus Throw
523	Freya Dooner	Female	Wigan & District H & AC	Discus Throw
524	Phoebe Dowson	Female	Bournemouth AC	Discus Throw
525	Amy Holder	Female	Windsor Slough Eton & Hounslow AC	Discus Throw
526	Jenny Pyatt	Female	Trafford Athletic Club	Discus Throw
527	Sally Shokry	Female	Athletics Australia	Discus Throw
528	Taia Tunstall	Female	Harrow AC	Discus Throw
529	Kathryn Woodcock	Female	Oxford City AC	Discus Throw
530	Zachary Joseph Tandy	Male	DSW Para Academy	Discus Throw (Ambulant Discus)
531	Kirsty Soutar	Female	Red Star AC	Discus Throw
-	-	-	-	(Seated Discus Throw),
-	-	-	-	Hammer Throw (Club throw)
532	Oliver Graham	Male	Shaftesbury Barnet Harriers	Hammer Throw
533	James Hamblin	Male	London Heathside	Hammer Throw
534	Ben Hawkes	Male	Worthing & District Harriers	Hammer Throw
535	Thomas Head	Male	Newham & Essex Beagles AC	Hammer Throw
536	Jack Paget	Male	Thames Valley Harriers	Hammer Throw
537	Chris Shorthouse	Male	Birchfield Harriers	Hammer Throw
538	Alex Warner	Male	Newham & Essex Beagles AC	Hammer Throw
539	Alice Barnsdale	Female	Kingston upon Hull AC	Hammer Throw
540	Poppy Bean	Female	Notts AC	Hammer Throw
541	Katie Jane Head	Female	Newham & Essex Beagles AC	Hammer Throw
542	Anna Merritt	Female	Newham & Essex Beagles AC	Hammer Throw
543	Charlotte Payne	Female	Reading AC	Hammer Throw
544	Kayleigh Presswell	Female	Marshall Milton Keynes AC	Hammer Throw
545	Zoe Price	Female	Liverpool Harriers & AC	Hammer Throw
546	Pippa Wingate	Female	Thames Valley Harriers	Hammer Throw
547	Robert Allerston	Male	Liverpool Harriers & AC	Hammer Throw (Club throw)
548	Stephen Miller	Male	Gateshead Harriers & AC	Hammer Throw (Club throw)
549	Bethan Griffiths	Female	Cheltenham and County Harriers	Hammer Throw (Club throw)
550	Daniel Bainbridge	Male	Shaftesbury Barnet Harriers	Javelin Throw
551	Joss Foot	Male	Orion Harriers	Javelin Throw
552	Gavin Johnson	Male	Thames Valley Harriers	Javelin Throw
553	Conor Martin	Male	Harrow AC	Javelin Throw
554	Benji Pearson	Male	Birchfield Harriers	Javelin Throw
555	Vikki Adams	Female	Leeds City Athletic Club	Javelin Throw
556	Jess Bell	Female	Athletics Australia	Javelin Throw
557	Jo Blair	Female	Luton Athletic Club	Javelin Throw
558	Emily Dibble	Female	Liverpool Harriers & AC	Javelin Throw
559	Emma Rebecca Hamplett	Female	Birchfield Harriers	Javelin Throw
560	Hannah Johnson	Female	Windsor Slough Eton & Hounslow AC	Javelin Throw
561	Jasmine Larsen	Female	Southampton Athletic Club	Javelin Throw
562	Eloise Susannah Meakins	Female	Herts Phoenix AC	Javelin Throw
563	Annie Elizabeth Sutcliffe	Female	Oxford City AC	Javelin Throw
564	Danny Berney	Male	Chelmsford AC	Javelin Throw (Ambulant Javelin)
565	Hollie Arnold	Female	Blackheath & Bromley Harriers AC	Javelin Throw (Ambulant Javelin)
566	Tim Fraser	Male	Athletics Australia	5000m Race Walk

Continued on page 26

ENGLAND ATHLETICS SENIOR & DISABILITY CHAMPIONSHIPS, ATHLETES LIST CONTINUED.

BiB	Athlete	Gender	Club	Event
567	Luc Legon	Male	Bexley AC	5000m Race Walk
568	Christopher Snook	Male	Aldershot Farnham & District	5000m Race Walk
569	George Wilkinson	Male	Enfield and Haringey A C	5000m Race Walk
570	Jacqueline Benson	Female	Ashford AC	5000m Race Walk
571	Abigail Jennings	Female	Aldershot Farnham & District	5000m Race Walk
572	Grazia Manzotti	Female	Tonbridge AC	5000m Race Walk
573	Melanie Peddle	Female	Loughton AC	5000m Race Walk
574	Allanah Pitcher	Female	Athletics Australia	5000m Race Walk
575	Kate Siviour	Female	-	5000m Race Walk
576	Melanie Wood	Female	Rugby & Northampton AC	5000m Race Walk



All athletes that have entered this championships please remember that you can now enter your PB/SB data under your account in the Roster system. Log in to Roster and under your account profile just go to the Records tab to add your records and these will feed through to the competition start lists.

<https://meets.rosterathletics.com/public/login>

Download the Roster app on IOS:

<https://apps.apple.com/us/app/roster-athletics/id1102383168>

Download the Roster app on Android:

<https://play.google.com/store/apps/details?id=io.rosterathletics.roster&hl=en&gl=US>



Get live updates, results, race footage and more from the England Athletics Championship on facebook.

TIMETABLE

Saturday 30th July TRACK Timetable

T1	W	400m Hurdles	Heats	11.00
T2	M	400m Hurdles	Heats	11.20
T3	M	100m	W/C Heats*	11.40
T4	W	100m	F/R Final	11.50
T5	M	100m	F/R Final	11.55
T6	W	100m	Ambulant Heats*	12.00
T7	M	100m	Ambulant Heats*	12.05
T8	W	100m	Heats	12.15
T9	M	100m	Heats	12.35
T10	W	400m	Heats	13.20
T11	M	400m	Heats	13.35
T12	M	5000m	Finals	14.05
T13	W	3000m S/Chase	Finals	14.25
T8	W	100m	Semi-Finals	14.40
T9	M	100m	Semi-Finals	14.50
T14	M	400m	W/C Finals	15.10
T15	W	400m	F/R Final	15.15
T16	M	400m	F/R Final	15.20
T17	W	400m	Ambulant Finals	15.25
T18	M	400m	Ambulant Finals	15.30
T19	W	800m	Heats	15.35
T20	M	800m	Heats	15.45
T21	M	3000 S/Chase	Finals	16.05
T22	M	1500m	W/C Final	16.20
T3	M	100m	W/C Finals	16.30
T6	W	100m	Ambulant Finals	16.40
T7	M	100m	Ambulant Finals	16.45
T8	W	100m	Finals	16.55
T9	M	100m	Finals	17.00
T11	M	400m	Semi-Finals	17.10

Saturday 30th July FIELD Timetable

F1	M	Hammer	10.30
F2	W	Shot	10.45
F3	M	Triple Jump	11.00
F4	Seated	Club & Discus	11.40
F5	M & Amb	Javelin	11.50
F6	M	High Jump	12.05
F7	M Amb	Shot	12.15
F8	W Amb	Shot	13.30
F9	W	Discus	13.35
F10	M	Pole Vault	14.00
F11	W	Long Jump	14.30
F12	Seated	Shot	14.35
F13	M & W Amb	Discus	15.30

FOR THE LATEST TIMETABLE GO TO...

<https://www.englandathletics.org/athletics-and-running/england-competitions/national-championships/2022-championships-calendar-and-results/>

Sunday 31st July TRACK Timetable

T1	W	400m Hurdles	Final	11.00
T2	M	400m Hurdles	Final	11.10
T23	M	200m	Heats	11.20
T24	W	200m	Heats	11.55
T25	M	200m	W/C Final	12.10
T26	W	200m	F/R Final	12.15
T27	M	200m	F/R Final	12.20
T28	W	200m	Ambulant Final	12.25
T29	M	200m	Ambulant Final	12.30
T30	W	100m Hurdles	Heats	12.40
T31	M	110m Hurdles	Heats	13.00
T32	M	5000m Walk	Final	13.20
T32	W	5000m Walk	Final	13.20
T23	M	200m	Semi-Final	13.55
T33	M	800m	W/C Final	14.15
T10	W	400m	Final	14.20
T11	M	400m	Final	14.25
T19	W	800m	Final	14.30
T20	M	800m	Final	14.35
T34	W	5000m	Final	14.45
T35	W	1500m	Final	15.10
T36	M	1500m	Final	15.15
T37	W	1500m	Ambulant	15.20
T38	M	1500m	Ambulant	15.30
T30	W	100m Hurdles	Final	15.45
T31	M	110m Hurdles	Final	15.55
T24	W	200m	Final	16.00
T23	M	200m	Final	16.05

Sunday 31st July FIELD Timetable

F14	W	Hammer	10.45
F15	W Amb	Long Jump	10.45
F16	M	Long Jump	11.45
F17	W	Pole Vault	12.00
F18	M	Discus	12.30
F19	W	High Jump	12.30
F20	M Amb	Long Jump	13.15
F21	M	Shot	14.00
F22	W	Triple Jump	14.30
F23	W & Amb	Javelin	14.30

*Note 100m Amb / WC all athletes compete in Heats & Seeded Finals Schedule as of 29/07/2022. N.B - schedule is subject to change