



ENGLAND ATHLETICS

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OUTDOOR2021

2021



ENGLAND ATHLETICS SENIOR AND DISABILITY CHAMPIONSHIPS

**17th & 18th
July 2021**

BEDFORD
INTERNATIONAL
STADIUM

CHAMPIONSHIPS ARE HELD UNDER UKA ATHLETICS RULES

OFFICIAL ENGLAND ATHLETICS PROGRAMME



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ENGLAND ATHLETICS SENIOR AND DISABILITY CHAMPIONSHIPS 2021

It is our pleasure to welcome you to this weekend's 2021 Senior Track and Field championships on behalf of everyone at England Athletics. This event also incorporates the England Athletics Senior Disability Athletics Championships. I write this foreword with a mixture of excitement but also relief given the events of the last year, but it really is fantastic to be able to return to Bedford International Stadium again.

I have no doubt that we will witness some superb performances borne from high levels of dedication, skill, commitment, tenacity, and desire. Having hosted our Combined Events and Under 20/23 Championships at this venue already this summer, I know that the athletes will be excited at the prospect of competing this weekend and, whilst it remains important for us to adhere to the remaining restrictions in place, I hope that this does not diminish the experience and that you all produce your best performances.

This championship is about the opportunity that it provides to the athletes with a home Commonwealth Games on the horizon. We published our selection policy in early 2021 to provide athletes with clarity as to the standards set across each event and we have subsequently seen some fine performances produced by aspiring English athletes.

Selection is always a difficult process, but athletes are putting themselves in a strong position for contention and no doubt we will see more personal bests during this weekend. We are not quite free of the restrictions that have affected us all during the last year but more than 1,000 licensed track and field competitions across England is an indication that things are gradually returning to some sort of "normal" and thanks to those hard working organisers, more often than not these are volunteer led, athletes of different ages, backgrounds and abilities are now able to take part thanks to a varied schedule of league, event specific, championship and festival athletics covering all events across the country.

I am very clear that without the effort of volunteers, navigating through the challenges of the last year would have been impossible and it is something that we should all be mindful of, and we should celebrate this effort and thank those who give their time, skills and experience to benefit others. We know that each performance by an athlete, and all the hard work that goes on away from the competitive arena to prepare for these championships, is supported by many people.

We would like to thank each of the officials and other volunteers who are essential in enabling this, and every event on the athletics calendar, to happen. We also recognise the huge contribution made to the sport in supporting and guiding each athlete from coaches, club volunteers and parents. We know that for each athlete competing this weekend there will be many other people who have played an instrumental part in their athletic development and to them we thank you all.

During 2020, once the first lockdown restrictions were eased, we were able to bring back training and competition across England resulting in 300 track and field competitions and 300 licensed road races generating a total of around 100,000 athlete performances. None of this would have been possible without the commitment and foresight of volunteers. Thank you. We are indebted to you.

We are due to announce details of our 2021 Volunteer Awards Programme across the 9 English Regions in the next few weeks and it would be great if athletes could take some time to consider which volunteer, they would like to nominate as part of this process as a personal thank you for all that they have done for them.

More information on our Volunteer Awards Programme can be found here

<https://www.englandathletics.org/volunteering/news/national-volunteer-awards/>

I would like to wish every athlete a successful and enjoyable championship. We trust your successes in the sport, this weekend and throughout the year, will also bring great pride and satisfaction to all those who have supported you to reach this point in your athletic journey.

Chris Jones
England Athletics CEO





ENGLAND ATHLETICS SENIOR AND DISABILITY CHAMPIONSHIPS 2021

National Technical Delegate: Alan Vincent

Competition Director: Heather Nelson

Meeting Manager: Christine Head-Rapson

Technical Manager: Tony Shaw

Clerk of Course:
Chris Apsey, Emily Craven, Sally Delgado

Equipment Officer: Kevin Diedrick

Field Referees:
Elizabeth Flitcroft and Dave Jessett

Field Judges: Julie Awde, Ivan Barrett, Alan Birch, Alison Birch, Les Chambers, Peter Crawshaw, Keith Davidson, Julie Dew, Malcolm Fletcher, Alan Ford, John Gandee, Mike Grime, Brian Hadley, Fiona Hancock, Robert Hammond, Andrew Hulse, Tamsin James, Suzanne Kendall, Chris Lawrence, Jon Mason, Peter Lee, Paul Manson, Kathleen Nash, Margaret Nelson, Maryon O'Donnell, Derek Prince, Kay Reynolds, Dick Sharp, Tom Smeeton, Chris Stott, Ian Turner, Rob Walker, Richard Weston, Chloe Williams, Tim Williams

Track Referee: Alison Jordan

Track Judges: Stewart Barnes, Malcolm Charlish, Caroline Cook, William Dorrity, Sue Grime, Dawn Hookway, John How, Sandra Pedley, Julie Roe, Stephen Snodden, Alan Weaver and Matt Witt

Track Steward: Jacqueline Tobin

Chief Timekeeper: Phillip Martin

Timekeepers: Margaret Afford, Peter Afford, Donna Barrington-Smith, John Barwick, Gaye Clarke, Roger Fitzgerald, Ann Thatcher and Lorraine Vidler

Timekeeper Steward: Sandra Barwick

Chief Photofinish Judge: David Vidler

Photofinish Judges: Barbara Abbott, Chris Parkinson (PF Technician), John Vickers, Dave Watson, Diane Wooler and Richard Whybrow

Starter Co-ordinator: Margaret Werrett

Starters: Mark Purser and Gordon Staines

Chief Starters Assistant: Stuart Paul

Starters Assistants:
Gerald Alterman, John Freeman, Rachel Hulse and Samantha Purser

Call Room Manager: Gill Freeman

Call Room Stewards: Helen Apsey, Chris Blyth, Noel Carmody, Peter Darts, James Davis, Heather Espeute, David Lipscomb, Jo Newall, Barry Parker, Ann Perry, Ian Richards, Pam Rogers, Verity Snook (Sun only), Mark Wall and Keith Weetman

Chief Seeding Officer: Mark Delgado

Seeding Officers: Jackie Breslin and Alan Edwards

Infield Spotters: Tony Bradley, Paul Brooks and Malcolm Rogers

Chief Walking Judge: Peter Marlow

Walks Judges: Noel Carmody, Mike Fox, Ann Perry, Ian Richards, Verity Snook and Mark Wall

Penalty Zone: Pam Ficken

Results Co-ordinator: Sandra White

Results Steward: Luke Finch

Chief Presentation: Deborah Beresford

Chief Registration: Steward Claire Lacey

Registration Stewards: Hazel Bates, Sarah How and Alison Walker

Kit Retrieval: Yasmine Al-Daftary, Jemma Bates, Caroline Drewitt and Tony Sach

Announcers:
Mike Harris and Kate Hamilton

Doctor: Daniel Eckford

Physiotherapists: Stuart Butler, Steve Bramson and Katy Williams

Competition Management: Simon Fennell

Event Management: Simon Fennell, Alison Potts

Competition Manager: Andrew Day

Events Manager: Alison Potts

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ENGLAND ATHLETICS SENIOR AND DISABILITY CHAMPIONSHIPS 2021

Hello and welcome to Bedford International Stadium for the 2021 England Senior and Disability Championships. I wish everyone success and a good competition as we step ever closer to the Commonwealth Games in Birmingham in 2022.

On a weekend when athletes can become the Champion of England it is important we remember that behind every athlete is a team and a coach that have worked tirelessly to support and progress the athletes journey in athletics. England Athletics recognises this huge contribution from coaches and would not only like to thank all of them, on behalf of the athletes and the sport, but also highlight the opportunities that are available and connections that can be made to learn and develop.

We know that coaching is a people business and so have put in place a network of respected and experienced Regional Coach Leads, across all event groups to organise events and create networks for local coaches.

The Regional Coach and Athlete training camps and online offer of coaching webinars, where we are approaching 250 deliveries since March 2021, and the athletics coaching resource website www.athleticshub.co.uk with c1000 coaching videos, accessible to all coaches through a simple registration, offer an opportunity for club coaches to share experiences, develop knowledge and gain a great insight into their coaching, all accessed relatively locally or through the internet.

We also have the Funetics and Athletics 365 and youth coach support programmes to assist coaches working in clubs. The England website contains a wealth of information on these programmes.

Beyond this regional delivery we have developed a programme of support for athletes and coaches through the talent pathway. Our three stage programme from youth to junior to senior talent, aims to support athletes and coaches who are striving for National and International honours.

The Talent pathway pages on the website contains all of the detail and is managed by the Event Group Leads and a team of talent mentors. And finally we have specific programmes that recognise the importance of aiming for a truly inclusive and diverse coaching workforce. We want England coaching to provide a high quality experience for all coaches who come into the sport and we want all coaches to feel that they are listened to, respected and have the opportunity to progress as far as they want to.

We know we have some way to go to make this a reality but our open recruitment for Commonwealth Games coaching positions, our women's coaching and team coaches development programme are all steps on this path. Have a great Senior Championships and I look forward to seeing an excellent team representing England at the Manchester International on Wednesday 18th August and then of course the Commonwealth Games in 2022.

Martin Rush
Head of Coaching and
Athlete Development



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England Athletics 2021 MANCHESTER INTERNATIONAL TICKETS ON SALE!



Tickets are now on sale for this year's Manchester International - as the event returns for 2021!

This year's competition will feature a packed programme of top-class athletics across track and field – offering great value entertainment perfect for the whole family.

Recognised as one of the premier events in the domestic athletics calendar, it will see some of the UK's brightest talents going head-to-head at the Manchester Regional Arena on Wednesday 18 August with many looking to impress in the buildup to next year's Birmingham 2022 Commonwealth Games.

Buy tickets online at Eventbrite – only £5 adults and FREE for U16s and OAPs (booking fees apply).

Once again, the event features a thrilling team format which will see England going up against rival athletes representing teams from Wales, Scotland, and

Northern Ireland as well as the National Athletics League and Great Britain & Northern Ireland (GB&NI) U20s. It will also see U20 teams representing England, Scotland and Wales competing against each other and a GB&NI U18 team.

As well as promising edge-of-your-seat action, spectators can also access on-site catering and come-and-try activities for youngsters. Watch out for further announcements when we confirm the athletes set to represent the England Senior and U20 teams.

Don't miss your chance to see today's athletes and tomorrow's stars – book your tickets online!
<https://www.englandathletics.org/ManInt2021>

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www.englandathletics.org

Participation programmes

England Athletics provides two key participation programmes:



funetics is a fun and inclusive programme, created by England Athletics, to help 4-11 year old children learn, develop and practice running, jumping and throwing all year round, for a healthy, active and confident future. The vision is for every primary school aged child in the country to be able to access funetics sessions and for these children and their parents and teachers to be involved in following their progress in this digitally-based trackable physical literacy programme. funetics is proud to welcome two of the sports' greatest competitors to help inspire children to take part. World and Commonwealth Heptathlon Champion Katarina Johnson-Thompson is the funetics ambassador and the funetics' insole partner, Enertor, brings with them the support of the world's fastest man, Usain Bolt.

Find out more by visiting funetics.co.uk



RunTogether is England Athletics' national recreational group-based running community with over **150,000** active runners in **2,718** groups. It provides fun, friendly, safer, supportive and inclusive opportunities for runners, whatever their ability or availability.

The idea of RunTogether is that running / jogging is more fun and easier to become part of a lifestyle when shared with others. RunTogether is a great social connector, bringing existing and new friendships together, and supporting every type of member: Runners, Run Leaders, Run Leader Mentors, Mental Health Champions and Guide Runners.

Find out more by visiting runtogether.co.uk

Two additional campaigns that England Athletics continues to deliver are:



'This Girl Can Run' is a running activation programme originating from Sport England's parent 'This Girl Can' campaign and is supported by England Athletics.

There are over **127,350** women in the programme's social media community of whom **c.30,000** have been influenced to run regularly.

#RunAndTalk

England Athletics' #RunAndTalk programme, supported by mental health charity Mind, aims to improve mental health through running. It supports 'Time to Talk Day' and 'World Mental Health Day' with both organised and ad hoc runs alongside the #RunAndRevise campaign to help students take a break from exam pressure. A network of over **1,000** volunteer Mental Health Champions in England Athletics affiliated clubs and RunTogether groups across England offer support for people to access the physical and mental wellbeing benefits of running, encourage conversations on the subject, raise awareness and help remove stigma.

CHAMPIONS PREVIEW

THROWS

After her PB of 18.11m this month lifted her to sixth on the UK all-time rankings, Amelia Strickler (Thames Valley; Zane Duquemin) will head the shot put line-up. Former European youth fourth-placer Serena Vincent (City of Portsmouth; Brownwin Carter) should be her main threat.

In the hammer, UK No.2 Jessica Mayho (Birchfield; John Pearson) is set to defend her title. Amy Holder (Windsor, Slough, Eton & Hounslow; Neville Thompson) may have to be at her best to repeat her 2019 win as she faces Kirsty Law (Sale; Zane Duquemin), who improved her PB to 59.60m month.

Defending champion Nick Percy and Greg Thompson, who are ranked second and third in Britain, will go head-to-head in the men's discus. Paralympic F44 champion Dan Greaves will also be in the discus circle.

HURDLES

After his PB of 49.16 at the Stockholm Diamond League, Chris McAlister (Thames Valley; Marina Armstrong) returns to home soil and will have Jacob Paul (WSEH; Armstrong) as his biggest challenger.

James Weaver (Enfield & Haringey; Michael Baker) will be favourite in the 110m hurdles but Jake Porter (Birchfield; Andy Paul) and Miguel Perera (Harrow; Laura Turner-Alleyne) will be looking to challenge.

In the 100m hurdles, Olympic trials runner-up Alicia Barrett (Trafford; Bernke Blomqvist) defends her title against Jenna Blundell (Bristol & West; Toni Minichiello). Trials finalists Hayley McLean (Shaftesbury Barnet; Chris Zah) and Nicole Kendall (Thames Valley; Marina Armstrong) lead the entries in the women's 400m hurdles.

SPRINTS

Andrew Robertson (Sale), Sam Gordon (Cardiff; Matt Elias) and Eugene Amo-Dadzie (Woodford Green with Essex Ladies; Steve Fudge) are among the fastest on display in the 100m.

Double Paralympic T44 champion Jonnie Peacock will be competing against them. Paralympic T11 double gold medallist Libby Clegg is entered for the 100m and 200m.

JUMPS

Long jumper Jacob Fincham-Dukes (Leeds; Zivile Pukstiene), after his 8.08m indoors, has competed sparingly this summer. He faces Efe Uwaifo (Harrow; Laura Turner-Alleyne), who will be favourite in the triple jump with Jonathan Ilori (Blackheath & Bromley; Aston Moore) the threat.

In the high jump, Adam Brooks (Yate; Jeremy Dale) and Joel Khan (Worcester; Deirdre Elmhirst) will renew their rivalry from the England Athletics Under-23 Championships, where they finished first and second respectively.

While in the women's event national indoor record holder Morgan Lake (Windsor Slough Eton & Hounslow, Fuzz Caan) will certainly be the athlete to watch given her 1.96 this season.

Sophie Cook (Halesowen; Scott Simpson) and Jade Ive (Sutton & District) are expected to battle it out for the pole vault title, having jumped 4.25m and 4.30m respectively this season.

DISTANCES

In the 1500m, James Young (Morpeth) is closing in on the 3:37.00 Birmingham 2022 qualifying standard with his recent big PB of 3:37.72. He goes against former European under-23 cross-country champion Jonathan Davies (Reading; Luke Gunn). Mari Smith (Birchfield; Luke Gunn), Isobel Ives (Basildon; Mick Judd) and Sabrina Sinha (Cambridge Harriers; Bud Baldaro) are the top entries for the women's 800m, with the latter also down for the 1500m.

<https://www.englandathletics.org/>

For an in-depth preview go to [englandathletics.org](https://www.englandathletics.org/)



>> TIMETABLE

>> SATURDAY - TRACK TIMETABLE

| | | | | |
|--------|-------|--------------|-----------------|-------|
| T1 | W | 400m Hurdles | Heats | 11.00 |
| T2 | M | 400m Hurdles | Heats | 11.15 |
| T3 | W | 100m | W/C Heats* | 11.35 |
| T4 | M | 100m | W/C Heats* | 11.40 |
| T5 | W | 100m | R/R Final | 11.50 |
| T6 | M | 100m | R/R Final | 11.55 |
| T7 | W | 100m | Ambulant Heats* | 12.00 |
| T8 | M | 100m | Ambulant Heats* | 12.15 |
| T9 | M | 100m | Heats | 12.30 |
| T10 | W | 400m | Heats | 13.05 |
| T11 | M | 400m | Heats | 13.20 |
| T12 | M | 5000m | Finals | 13.45 |
| T13 | W | 3000 S/Chase | Finals | 14.05 |
| T14 | W | 100m | Heats | 14.25 |
| T15 | M | 100m | Semi-Finals | 14.35 |
| T16 | W | 400m | Ambulant Finals | 14.50 |
| T17 | M | 400m | Ambulant Finals | 14.55 |
| T18 | W | 400m | W/C Finals | 15.05 |
| T19 | M | 400m | W/C Finals | 15.10 |
| T20 | W | 800m | Heats | 15.20 |
| T21 | M | 800m | Heats | 15.30 |
| T22 | M | 3000 S/Chase | Finals | 15.40 |
| T23 | W | 100m | W/C Finals | 16.00 |
| T24 | M | 100m | W/C Finals | 16.15 |
| T25 | W | 100m | Ambulant Finals | 16.30 |
| T26 | M | 100m | Ambulant Finals | 16.35 |
| T27 | W | 100m | Finals | 16.40 |
| T28 | M | 100m | Finals | 16.55 |
| T29/30 | M & W | 1500m | W/C Final | 17.00 |
| T31 | M | 400m | Semi-Finals | 17.10 |

*Note 100m Amb / WC all athletes compete in Heats & Seeded Finals

>> SATURDAY - FIELD TIMETABLE

| | | | |
|-----|----------------|---------------|-------|
| F1 | M | Hammer | 10.30 |
| F2 | W | Shot | 10.45 |
| F3 | M | Triple Jump | 11.00 |
| F4 | Seated | Club & Discus | 11.40 |
| F5 | M & Ambulant | Javelin | 11.50 |
| F6 | M | High Jump | 12.05 |
| F7 | M Ambulant | Shot | 12.15 |
| F8 | W Ambulant | Shot | 13.30 |
| F9 | W | Discus | 13.35 |
| F10 | M | Pole Vault | 14.00 |
| F11 | W | Long Jump | 14.30 |
| F12 | Seated | Shot | 14.35 |
| F13 | M & W Ambulant | Discus | 15.30 |

>> SUNDAY - TRACK TIMETABLE

| | | | | |
|-----|---|--------------|-----------------|-------|
| T32 | W | 400m Hurdles | Final | 11.00 |
| T33 | M | 400m Hurdles | Final | 11.10 |
| T34 | M | 200m | Heats | 11.20 |
| T35 | M | 200m | Ambulant Finals | 11.40 |
| T36 | W | 200m | Ambulant Finals | 11.50 |
| T37 | W | 200m | R/R Final | 12.05 |
| T38 | M | 200m | R/R Final | 12.10 |
| T39 | W | 100m Hurdles | Heats | 12.20 |
| T40 | M | 110m Hurdles | Heats | 12.35 |
| T41 | M | 3K Walk | Final | 12.50 |
| T42 | W | 3K Walk | Final | 12.50 |
| T43 | M | 200m | Semi-Final | 13.30 |
| T44 | W | 200m | Heats | 13.40 |
| T45 | M | 800m | W/C Finals | 13.50 |
| T46 | W | 800m | W/C Finals | 13.55 |
| T47 | W | 1500m | Ambulant Finals | 14.05 |
| T48 | M | 1500m | Ambulant Finals | 14.10 |
| T49 | W | 400m | Final | 14.20 |
| T50 | M | 400m | Final | 14.25 |
| T51 | W | 800m | Final | 14.35 |
| T52 | M | 800m | Final | 14.40 |
| T53 | W | 5000m | Final | 14.45 |
| T54 | W | 1500m | Final | 15.05 |
| T55 | M | 1500m | Final | 15.15 |
| T56 | W | 200m | Final | 15.25 |
| T57 | M | 200m | Final | 15.30 |
| T58 | M | 5000m | W/C Final | 15.35 |
| T59 | W | 100m Hurdles | Final | 15.50 |
| T60 | M | 110m Hurdles | Final | 16.05 |

>> SUNDAY - FIELD TIMETABLE

| | | | |
|-----|--------------|-------------|-------|
| F14 | W | Hammer | 10.45 |
| F15 | W Ambulant | Long Jump | 10.50 |
| F16 | M | Long Jump | 11.45 |
| F17 | W | Pole Vault | 12.00 |
| F18 | M | Discus | 12.30 |
| F19 | W | High Jump | 12.30 |
| F20 | M Ambulant | Long Jump | 13.15 |
| F21 | M | Shot | 14.00 |
| F22 | W | Triple Jump | 14.30 |
| F23 | W & Ambulant | Javelin | 14.30 |

N.B. There is one Ambulant athlete in each of the Jav comps who will need 6 straight throws. The combined Ambulant Discus will need 2 cards, please note the distances.



TRACK EVENTS DAY 1

NOTE: ENTRIES ARE CORRECT AS OF 13TH JULY. ATHLETES MAY BE ADDED AFTER THIS TIME.

BEDFORD INTERNATIONAL STADIUM
Saturday 17th - Sunday 18th July 2021

T1 11.00 400 Hurdles Women Heats

Holder: Jessica Turner, AmberValley, 56.31

Record: Sally Gunnell, Essex Ladies AC, 54.65, 1996

| No | Athlete | Club | Coach |
|-----|------------------|-------------------------------------|----------------------|
| 154 | Gabi BURTON | City of York AC | Geoffrey Barraclough |
| 157 | Lucy CHALMERS | Windsor Slough Eton & Hounslow AC | Alan Richardson |
| 158 | Mia CHANTREE | Chelmsford AC | Steve Mitchell |
| 161 | Chay CLARK | Chelmsford AC | Lawrence Lynch |
| 172 | Melissa COXON | Rotherham Harriers & AC | Joe Frost |
| 200 | Caryl GRANVILLE | Swansea Harriers AC | Darrell Maynard |
| 210 | Alexandra HILL | Blackheath & Bromley Harriers AC | Marina Armstrong |
| 233 | Nicole KENDALL | Thames Valley Harriers | Marina Armstrong |
| 255 | Hayley MCLEAN | Shaftesbury Barnet Harriers | Chris Zah |
| 259 | Nessa MILLET | Loughborough Students AC | Nick Dakin |
| 261 | Jasmine MITCHELL | Woodford Green AC with Essex Ladies | Alex Currie |
| 299 | Louise ROBINSON | Birchfield Harriers | Joe Caines |
| 322 | Jessica TAPPIN | Thames Valley Harriers | - |
| 326 | Holly THOMAS | Newham & Essex Beagles AC | Tony Jarrett |
| 339 | Chloe WILDE | Cannock & Stafford AC | Shaun Ainge |

T2 11.15 400m Hurdles Heats

Holder: Alistair Chalmers, Guernsey AAC, 50.20

Record: Edwin Moses, USA, 48.58, 1979

| No | Athlete | Club | Coach |
|-----|---------------------|-------------------------------|--------------------|
| 364 | Andrew AJUBE | Thames Valley Harriers | Marina Armstrong |
| 373 | David ARYEETEY | Charnwood AC | Jerzy Maciukiewicz |
| 395 | Niall CARNEY | Shaftesbury Barnet Harriers | Joe Caines |
| 402 | Samuel CLARKE | Cambridge & Coleridge AC | Robert Smith |
| 419 | Tyri DONOVAN | Windsor Slough & Eton | Marina Armstrong |
| 430 | Joshua FAULDS | Shaftesbury Barnet Harriers | Alex Currie |
| 449 | James GREENHALGH | City of Norwich AC | John Greenhalgh |
| 459 | Connor HENDERSON | Kilbarchan AAC | Chris Baillie |
| 462 | Ben HIGGINS | City of Sheffield & Dearne AC | - |
| 490 | Jack LAWRIE | Woodford Green AC | Jared Deacon |
| 498 | Panashe Andy MAJURU | Birchfield Harriers | Joe Caines |
| 503 | Chris MCALISTER | Thames Valley Harriers | Marina Armstrong |

Continued on Page 13 →



Day One live stream link starts at
10.45am Saturday 17th July

https://youtu.be/N_PUA_Moe-g

T2 11.15 400 Hurdles Heats continued from page 12

| No | Athlete | Club | Coach |
|-----|------------------------|----------------------------|----------------------|
| 506 | Jack MESSENGER | Basingstoke & Mid Hants AC | Aidan Bailey |
| 520 | Isaac OGUNLADE | Herne Hill Harriers | Chris Zah |
| 532 | Jacob PAUL | Windsor Slough & Eton | Marina Armstrong |
| 551 | William RITCHIE-MOULIN | Birchfield Harriers | Julie Coleby |
| 556 | Max SCHOPP | Harrow | Laura Turner-Alleyne |

T3 11.35 100 IPC Athletes heats

Holders Zak Skinner, Loughborough Students, 11.26

Ali Smith, Guildford & Godalming AC, 13.67

Nathan Blackie, Poole AC, 18.17

Zien Zhou, Coventry Godiva Harriers, 19.29

Gavin Drysdale, City of Sheffield & Dearne AC, 17.26

Kayleigh Haggo, Ayr Seaforth, 18.97

| No | Athlete | Club | Coach | Class |
|----|-------------------|----------------------------|----------------------|-------|
| 2 | Richard CHIASSARO | Harlow AC | Jennifer Banks | T54 |
| 4 | Luke DEIGHAN | Red Star AC | John Owens | T54 |
| 5 | Jamie EDWARDS | Weir Archer Academy | Jenny Archer | T34 |
| 6 | Harri JENKINS | DSW Para Academy | - | T33 |
| 7 | Samuel | KOLEK | Kirkby AC | T54 |
| 8 | Dillon LABROOY | Weir Archer Academy | Jenny Archer | T54 |
| 9 | Michael MCCABE | Velocity Wheelchair Racing | Christopher Parsloe | T54 |
| 11 | Ben ROWLINGS | Coventry Godiva | - | T34 |
| 12 | Isaac TOWERS | Kirkby AC | Peter Wyman | T34 |
| 13 | Zien ZHOU | Coventry Godiva Harriers | Job King | T34 |
| 14 | Kare ADENEGAN | Coventry Godiva Harriers | Job King | T34 |
| 15 | Fabienne ANDRÉ | Weir Archer Academy | Jenny Archer | T34 |
| 16 | Olivia GALLAGHER | Weir Archer Academy | Jenny Archer | T33 |
| 18 | Natasha SETTELEN | Weir Archer Academy | Jenny Archer | T33 |
| 19 | Danny SIDBURY | Velocity Wheelchair Racing | Christine Parslow | T54 |
| 21 | Sophie TAYLOR | Coventry Godiva Harriers | Joe King | T33 |
| 23 | Melanie WOODS | Red Star AC | Rodger Harkins | T54 |
| 31 | Olayanju ABIDOGUN | Horwich | Grant Baker | T47 |
| 32 | Henry ACKROYD | Bingley Harriers | Christopher Wakeford | T38 |
| 34 | Travis ANDERSON | Durham City Harriers | - | T20 |
| 35 | James ARNOTT | City of Plymouth | Ryan Freckleton | T46 |
| 36 | Michael BATES | Doncaster | Mike Cooke | T44 |
| 43 | Barney CORRALL | Charnwood AC | Christopher Sinclair | T37 |
| 47 | George FOX | Blackpool, Wyre and Fylde | Graham Pilkington | T37 |
| 51 | Dylan HARRIS | Reading AC | Roddy Slater | T38 |

Continued on Page 15 →



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| T3 | 11.35 | 100m IPC Athletes Heats continued from page 12 | | |
|-----|-----------------------|--|-----------------------|-------|
| No | Athlete | Club | Coach | Class |
| 54 | Rhys JONES | Rhondda AC | Kevin Williams | T37 |
| 56 | Ethan KIRBY | Newton Abbot AC | Nick Harris | T20 |
| 57 | James LEDGER | DSW Para Academy | Matt Elias | T11 |
| 59 | Toby MARKHAM | Newham & Essex Beagles AC | Segrid Ayers | T38 |
| 60 | Joel MATTACKS | Team Bath AC | Phillip Warwicker | T20 |
| 66 | Emmanuel OYINBO-COKER | Loughborough Students | Coral Nourrice | T47 |
| 67 | Javaughn PARKES | Birchfield Harriers | Michelle Nicholas | T36 |
| 69 | Ben PEARSON | Loughborough Students | Joseph McDonnell | T44 |
| 70 | Segun SAMUEL | South London Harriers | Jeffrey Lawai-Balogun | T46 |
| 71 | Zac SHAW | Cleethorpes AC | Leon Baptiste | T12 |
| 73 | Zak SKINNER | Loughborough Students | Aston Moore | T13 |
| 74 | Rafeek SOLAIMAN | Charnwood AC | Philip Fleetwood | RR3 |
| 76 | Thomas TALBOT | Lincoln Wellington AC | Philip Fleetwood | RR2 |
| 78 | Alexander THOMSON | Victoria Park Glasgow | Chris Baillie | T38 |
| 81 | Richard WHITEHEAD | Southwell | Keith Antoine | T42 |
| 84 | Thomas YOUNG | Loughborough Students | Joseph McDonnell | T38 |
| 85 | Hetty BARTLETT | City of Norwich Athletics Club | Dennis Costello | T38 |
| 89 | Libby CLEGG | Charnwood AC | Joseph McDonnell | T11 |
| 90 | Orla CONNEELY | Chesterfield and District | Philip Fleetwood | RR2 |
| 92 | Charlie DENMAN | Gloucester | Robert Purcell | RR3 |
| 93 | Madeline DOWN | Halesowen | - | T38 |
| 97 | Sophie HAHN | Charnwood AC | Leon Baptiste | T38 |
| 98 | Katrina HART | Birchfield Harriers | Robert Ellchuk | T37 |
| 101 | Sophie KAMLISH | Bristol and West | Robert Ellchuk | T44 |
| 102 | Simran KAUR | Bristol & West AC | Nick Harris | T46 |
| 104 | Maria LYLE | Team East Lothian | Jamie Bowie | T35 |
| 105 | Polly MATON | Team Devizes Moonrakers AC | Colin Baross | T46 |
| 107 | Melanie NICOLL | Inverness Harriers | - | T20 |
| 109 | India OATES | Darlington Harriers | - | T35 |
| 110 | Esme O'CONNELL | Dacorum and Tring AC | Jack Awe | T20 |
| 111 | Faye OLSZOWKA | Bexley AC | Christopher Harris | T20 |
| 113 | Julie ROGERS | Disability Sport Wales | Allen Adamson | T63 |
| 115 | Ellie SIMPSON | City of Sheffield & Dearne AC | - | RR2 |
| 116 | Ali SMITH | Guildford & Godalming | Benke Blomkvist | T38 |
| 118 | Eve WALSH-DANN | North Down | Roger Sexton | T38 |

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ENGLAND ATHLETICS



Day One live stream link starts at
10.45am Saturday 17th July

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| | | |
|-----------|--------------|--------------------------------------|
| T4 | 11.40 | 100m W/C Heats |
| T5 | 11.50 | IPC Athletes Final |
| T6 | 11.55 | 100m IPC Athletes Final |
| T7 | 12.00 | 100m IPC Athletes Women Heats |
| T8 | 12.15 | 100m IPC Athletes Heats |
| T9 | 12.30 | 100m Heats |

Holder: Kyle De Escofet, Birchfield Harriers, 10.49

Record: Linford Christie, Thames Valley Harriers, 9.91, 1994

| No | Athlete | Club | Coach |
|-----|-----------------------|-------------------------------------|---------------------------|
| 361 | Ade ADEWALE | Enfield & Haringey AC | - |
| 366 | Richard AKINYEBO | Havering AC | Ruth O'Sullivan |
| 370 | Eugene AMO-DADZIE | Woodford Green AC with Essex Ladies | Steve Fudge |
| 374 | Korede AWE | Invicta East Kent AC | Michael Afilaka |
| 379 | Alex BEECHEY | Newham & Essex Beagles AC | - |
| 384 | Olivier BROMBY | Southampton AC | - |
| 386 | Daniel BROOKS | Yate & District AC | Sandra Woodman |
| 388 | Joshua BROWN | Cardiff Athletics | - |
| 397 | Jamal CHAMBERS | Tipton Harriers | - |
| 408 | Sean CROWIE | City of Sheffield & Dearne AC | Lewis Samuel |
| 427 | Eyad ELBAHTET | Victoria Park H & Tower Hamlets AC | - |
| 431 | Franklin FENNING | Nottingham Trent University | Alex Currie |
| 435 | Lemarl FRECKLETON | Swansea Harriers AC | Kevin Williams |
| 437 | Nathan GILBERT | Windsor Slough Eton & Hounslow AC | Piotr Spas |
| 443 | Nathan GOMES | Be Fit Today Track Academy | Tamunonengiye-Ofori Ossai |
| 444 | Samuel GORDON | Cardiff Athletics | Matt Elias |
| 447 | Omar GRANT | Harrow AC | Rohan Samuel |
| 448 | Stewart GREENHALGH | Bromsgrove & Redditch AC | Paul Gripton |
| 450 | James GRIFFITHS | Cardiff Athletics | Matthew Thomas |
| 451 | Toby HARRIES | Brighton Phoenix AC | David Sadkin |
| 469 | Sam IGE | Belgrave Harriers | Richard Holt |
| 475 | Abdul-ramanan JOLAOSO | Blackheath & Bromley Harriers AC | Piotr Spas |
| 480 | Elliot JONES | Liverpool Pembroke & Sefton H AC | Leon Baptiste |
| 482 | Makoye KAMPENGELE | Cardiff Athletics | Joseph McDonnell |
| 489 | Jack LAWRENCE | Birchfield Harriers | Andy Paul |
| 491 | Confidence LAWSON | Shaftesbury Barnet | Clarence Callender |

Continued on Page 17 →



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| | | |
|-----------|--------------|--|
| T9 | 12.30 | 100m Heats continued from page 16 |
|-----------|--------------|--|

| No | Athlete | Club | Coach |
|-----|-----------------------|----------------------------------|---------------------|
| 497 | Enzo MADDEN | Sale Harriers Manchester | Michael Afilaka |
| 505 | Michael MEASTER | Belgrave Harriers | - |
| 508 | Michael MILLER | Herne Hill Harriers | Michael Afilaka |
| 513 | David MORGAN-HARRISON | Kingston upon Hull AC | - |
| 518 | Daniel OFFIAH | Southampton AC | - |
| 523 | Toby OLUBI | Blackheath & Bromley Harriers AC | - |
| 524 | Kesi OLUDOI | Harrow AC | - |
| 526 | Samuel OSEWA | Belgrave Harriers | Michael Afilaka |
| 527 | John OTUGADE | Shaftesbury Barnet Harriers | Tom McNab |
| 533 | Jonnie PEACOCK | Charnwood AC | Michael Khmel |
| 534 | Patrick PEARCE | Birchfield Harriers | - |
| 543 | Nicholas PRYCE | Royal Sutton Coldfield AC | Joe Caines |
| 546 | Imranur RAHMAN | City of Sheffield | Steve Fudge |
| 547 | Tommy RAMDHAN | Bexley AC | Michael Afilaka |
| 553 | Andrew ROBERTSON | Sale Harriers Manchester | - |
| 558 | Jimmy SEACOMBE | Worthing Bath University | Colin Bovell |
| 566 | Thomas SOMERS | Newham & Essex Beagles AC | - |
| 569 | Harry TAYLOR | Loughborough Students AC | Joseph McDonnell |
| 570 | Adam THOMAS | Bracknell AC | - |
| 582 | Nicholas WALSH | Sale Harriers Manchester | - |
| 588 | Bradley WHITEHEAD | Rugby & Northampton AC | James Wright |
| 589 | Jahde WILLIAMS | Harrow AC | Laura Tuner-Alleyne |
| 591 | Elijah WINN | Enfield & Haringey AC | - |
| 595 | Andre WRIGHT | Medway & Maidstone AC | Clarence Callender |

| | | |
|------------|--------------|-------------------------|
| T10 | 13.05 | 400m Women Heats |
|------------|--------------|-------------------------|

Holder: Yasmin Liverpool, Warwick Uni, 53.34

Record: Katharine Merry, Birchfield Harriers, 50.62, 1999

| No | Athlete | Club | Coach |
|-----|------------------|----------------------------------|------------------|
| 131 | Emma ALDERSON | Liverpool Harriers & AC | Stephen Carroll |
| 136 | Susanna BANJO | Newham & Essex Beagles AC | - |
| 155 | Olivia CAESAR | Swansea Harriers AC | - |
| 175 | Rachel CRORKEN | Wakefield District H & AC | - |
| 199 | Krystal GALLEY | Blackheath & Bromley Harriers AC | Jay Galley |
| 205 | Natasha HARRISON | Stockport Harriers & AC | Alex O'Gorman |
| 206 | Sian HARRY | Belgrave Harriers | Bob Bridges |
| 212 | Amy HILLYARD | Birchfield Harriers | Stewart Marshall |

Continued on Page 18 →



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| T10 | 13.05 | 400m Women Heats continued from page 17 | |
|-----|--------------------------|---|----------------------|
| No | Athlete | Club | Coach |
| 244 | Rhiannon LININGTON-PAYNE | Cardiff Athletics | Matt Elias |
| 254 | Carys MCAULAY | Trafford AC | - |
| 255 | Hayley MCLEAN | Shaftesbury Barnet Harriers | Chris Zah |
| 280 | Amy ODUNAIIYA | Wrexham AAC | Trevor Painter |
| 281 | Victoria OHURUOGU | Newham & Essex Beagles AC | - |
| 287 | Zoe POLLOCK | Oxford City AC | Nick Dakin |
| 303 | Asha ROOT | Tonbridge AC | - |
| 304 | Lauren RULE | Herts Phoenix AC | Paul Keeble |
| 316 | Charlotte STAMP | City of York AC | Geoffrey Barraclough |
| 322 | Jessica TAPPIN | Thames Valley Harriers | - |
| 331 | Holly TURNER | Crawley AC | Stephen King |

| T11 | 13.20 | 400m Heats | |
|-----|-------|------------|--|
|-----|-------|------------|--|

Holder: **Sadam Koumi, Birchfield Harriers, 46.21**

Record: **Roger Black, Team Solent, 44.39, 1996**

| No | Athlete | Club | Coach |
|-----|----------------------|-----------------------------------|------------------|
| 363 | Emmanuel AGYARE | Enfield & Haringey AC | - |
| 365 | Akeem AKINTOKUN | Havering AC | Vespa Ellis |
| 367 | Kyle ALEXANDER | Giffnock North AC | - |
| 381 | Tor BENNETT-WILLIAMS | Birchfield Harriers | Howard Court |
| 383 | Oliver BIDDLE | Worcester AC | Dale Garland |
| 390 | Matthew BUCKNER | Bracknell AC | Ken Spencer |
| 394 | Jacob CAMPBELL | Enfield & Haringey AC | John Denford |
| 401 | Jamal CLARKE | Windsor Slough Eton & Hounslow AC | Piotr Spas |
| 403 | Lewis COLLINS | Tonbridge AC | Iain Presnell |
| 404 | Thomas COREL | Belgrave Harriers | - |
| 406 | Mark COTTAM | Bristol & West AC | Alex Currie |
| 421 | José DUHANEY | Birchfield Harriers | Sharon Morris |
| 425 | Kema EGBUNIKE | Harrow AC | Linford Christie |
| 426 | Kieran ELAND | Tonbridge AC | James Thie |
| 428 | Thomas EVANS | Newark AC | Stewart Colledge |
| 461 | Jack HIGGINS | Southampton AC | Jonathan Tilt |
| 465 | Sam HOWELL | Cheltenham & County Harrier | - |
| 466 | Jason HOYLE | Thames Valley Harriers | - |
| 467 | Jonathan HUGHES | Leicester Coritanian AC | Glenys Morton |
| 474 | Tyler JOHNSON | City of Plymouth AC | Peter Irving |
| 477 | Samuel JONES | St Albans AC | Deborah Steer |
| 479 | Steffan dylan JONES | Swansea Harriers AC | Darrell Maynard |
| 483 | Rory KEEN | Sale Harriers Manchester | Tony Hadley |

Continued on Page 19 →

| T11 | 13.20 | 400m Heats continued from page 18 | |
|-----|---------------------|------------------------------------|------------------|
| No | Athlete | Club | Coach |
| 487 | Sadam KOUMI | Birchfield Harriers | Tony Hadley |
| 492 | Aidan LEESON | Rugby & Northampton AC | Glyn Hawkes |
| 495 | Luke LENNON-FORD | Clonliffe Harriers AC | David Sadkin |
| 498 | Panashe Andy MAJURU | Birchfield Harriers | Joe Cains |
| 507 | Reece MIDDLETON | Coventry Godiva Harriers | Stewart Marshall |
| 522 | Efekemo OKORO | Birchfield Harriers | Tony Hadley |
| 528 | Matthew OVERALL | Crawley AC | Paul McKeown |
| 544 | Dan PUTNAM | Blackheath & Bromley Harriers AC | - |
| 559 | Peter SHAND | Birchfield Harriers | Tony Hadley |
| 561 | Michael SHONIBARE | Victoria Park H & Tower Hamlets AC | - |
| 573 | Lennox THOMPSON | Newham & Essex Beagles AC | - |
| 574 | Lewis THORN | Braintree & District AC | John Henson |
| 590 | James WILLIAMS | Liverpool Harriers & AC | Paul Waters |

| T12 | 13.45 | 5000m Mens Finals | |
|-----|-------|-------------------|--|
|-----|-------|-------------------|--|

Records:

David Bedford, Shaftesbury Barnet Harriers, 13:17.2, 1972

| | | | |
|-----|------------------|----------------------------------|------------------|
| 542 | Oliver Prior | Ashford AC | Stella Bandu |
| 411 | Charlie Davis | Blackheath & Bromley Harriers AC | - |
| 415 | Joshua Dickinson | Leeds City AC | Andrew Henderson |

| T13 | 14.05 | 3000m Steeplechase Women Final | |
|-----|-------|--------------------------------|--|
|-----|-------|--------------------------------|--|

Holder: **Vicki Cronin, Trafford AC, 10:50.14**

Record: **Tina Brown, Coventry Godiva Harriers, 10:13.2, 2004**

| No | Athlete | Club | Coach |
|-----|----------------------|-----------------------------------|---------------------|
| 137 | Alexandra BARBOUR | Windsor Slough Eton & Hounslow AC | Shireen Higgins |
| 164 | Martha COLLING | Woking AC | Steve Gillingham |
| 174 | Vicki CRONIN | Trafford AC | Michael Hutchinson |
| 196 | Nicole FLOREZ | Birchfield Harriers | Luke Gunn |
| 201 | Maisie GRICE | Aldershot Farnham & District AC | Bud Baldaro |
| 203 | Lauren HALL | Aldershot Farnham & District AC | - |
| 232 | Lucy JONES | Charnwood AC | Luke Gunn |
| 234 | Gemma KERSEY | Basildon AC | Joel Kidger |
| 240 | Iona LAKE | City of Norwich AC | Pauline Ash |
| 269 | Emily MOYES | Aldershot Farnham & District AC | Mick Woods |
| 272 | Alice MURRAY-GOURLAY | Taunton AC | Charlotte Fisher |
| 307 | Ella SHARROCK | City of Norwich AC | Granville Courtneil |



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Entry for Officials and Wheelchair, Frame Running Athletes only



ENGLAND ATHLETICS

BEDFORD STADIUM

Warm up area
Athletes only

Exit



CALL ROOM

PHYSIO/MEDICAL

ONE WAY

ONE WAY

ONE WAY

ONE WAY

Parking

P

Consessions

ATHLETE REGISTRATION

A

ENTRY POINT

T14 14.25 100m Women Heats

Holder: Kimbely Baptiste, Crawley AC, 11.90

Record: Evelyn Ashford, USA, 11.15, 1991

| No | Athlete | Club | Coach |
|-----|------------------------------|-----------------------------------|------------------|
| 133 | Leonie ASHMEADE | Wakefield District H & AC | Lewis Samuel |
| 135 | Ellie BANDY | Herts Phoenix AC | Nathan Rogers |
| 140 | Alicia BARRETT | 100KM Association | Benke Blomkvist |
| 153 | Chloe BURROWS Bournemouth AC | - | |
| 162 | Ashleigh CLARKE | Croydon Harriers | Lorna Boothe |
| 167 | Emily COOPE | Amber Valley & Erewash AC | Joseph McDonnell |
| 187 | Leah DUNCAN | Chelmsford AC | Carl Graham |
| 202 | Samantha GRIFFITHS | Cheltenham & County Harriers | - |
| 231 | Harriet JONES | Windsor Slough Eton & Hounslow AC | Simon Duberley |
| 235 | Aleasha KIDDLE | Chelmsford AC | - |
| 260 | Hayley MILLS | Tamworth AC | - |
| 265 | Lukesha MORRIS | Windsor Slough Eton & Hounslow AC | Roddy Slater |
| 298 | Melissa ROBERTS | Birchfield Harriers | Neil Wheeler |
| 310 | Sharnae SKERVIN | Notts AC | Gia Skervin |
| 338 | Nia WEDDERBURN-GOODISON | Harrow AC | - |

T15 14.35 100m Semi-Finals

T16 14.50 400m IPC Athletes Finals

Holders : John Bridge, Cardiff AAC, 52.78

Faye Olszowska, Bexley AC, 64.32

| No | Athlete | Club | Coach | Class |
|----|-------------------|----------------------------|---------------------|-------|
| 2 | Richard CHIASSARO | Harlow AC | Jennifer Banks | T54 |
| 4 | Luke DEIGHAN | Red Star AC | John Owens | T54 |
| 7 | Samuel | KOLEK Kirkby AC | - | T54 |
| 8 | Dillon LABROOY | Weir Archer Academy | Jenny Archer | T54 |
| 9 | Michael MCCABE | Velocity Wheelchair Racing | Christopher Parsloe | T54 |
| 11 | Ben ROWLINGS | Coventry Godiva | - | T34 |
| 12 | Isaac TOWERS | Kirkby AC | Peter Wyman | T34 |
| 13 | Zien ZHOU | Coventry Godiva Harriers | Job King | T34 |
| 14 | Kare ADENEGAN | Coventry Godiva Harriers | Job King | T34 |
| 15 | Fabienne ANDRÉ | Weir Archer Academy | Jenny Archer | T34 |
| 18 | Natasha SETTELEN | Weir Archer Academy | Jenny Archer | T33 |
| 19 | Danny SIDBURY | Velocity Wheelchair Racing | Christine Parslow | T54 |
| 21 | Sophie TAYLOR | Coventry Godiva Harriers | Joe King | T33 |
| 23 | Melanie WOODS | Red Star AC | Rodger Harkins | T54 |
| 34 | Travis ANDERSON | Durham City Harriers | - | T20 |
| 38 | Columba BLANGO | Shaftesbury Barnet | Chris Zah | T20 |

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T16 14.50 400m IPC Athletes Finals continued from page 22

| No | Athlete | Club | Coach | Class |
|-----|--------------------|--------------------------|--------------------|-------|
| 39 | John BRIDGE | Cardiff AC | Darrell Maynard | T47 |
| 41 | Shaun BURROWS | Charnwood AC | Joseph McDonnell | T38 |
| 50 | James HAMILTON | Ballymena Runners | Mark Kirk | T20 |
| 51 | Dylan HARRIS | Reading AC | Roddy Slater | T38 |
| 52 | Josh HARTLEY | Coventry Godiva Harriers | Job King | T53 |
| 56 | Ethan KIRBY | Newton Abbot AC | Nick Harris | T20 |
| 68 | Luke PARRY | Herts Phoenix | - | T38 |
| 78 | Alexander THOMSON | Victoria Park Glasgow | Chris Baillie | T38 |
| 83 | Daniel WOLFF | Epsom and Ewell Harriers | Dave Mitchell | T20 |
| 91 | Kadeena COX | Sale Harriers Manchester | Matt Cullen | T38 |
| 99 | Georgina HERMITAGE | Basingstoke | Rod Finch | T37 |
| 111 | Faye OLSZOWKA | Bexley AC | Christopher Harris | T20 |
| 116 | Ali SMITH | Guildford & Godalming | Benke Blomkvist | |

T17 14.55 400m Finals

T18 15.05 400m Finals

T19 15.10 400m Finals

T20 15.20 800 Women Heats

Holder: Kirsty Fraser, Preston Harriers, 2:08.16

Record: Kelly Holmes, Ealing and Southall AC, 1:57.6, 1995

| No | Athlete | Club | Coach |
|-----|----------------|--------------------------------|-----------------|
| 168 | Issy COTHAM | Wolverhampton & Bilston AC | Dean Miller |
| 176 | Chloe CROSSMAN | Guildford & Godalming AC | Alli Crossman |
| 182 | Fiona DE MAUNY | Herne Hill Harriers | - |
| 221 | Saskia HUXHAM | Hallamshire Harriers Sheffield | Keith Whitelam |
| 223 | Isobel IVES | Basildon AC | Mick Judd |
| 238 | Hannah KNIGHTS | Guildford & Godalming AC | - |
| 270 | Alex MUNDELL | Thames Valley Harriers | David Wilkinson |
| 297 | Hannah ROBERTS | Bracknell AC | Ken Spencer |
| 309 | Sabrina SINHA | Cambridge Harriers (Kent) | Bud Baldaro |
| 312 | Mari SMITH | Birchfield Harriers | Luke Gunn |
| 325 | Annie TESTAR | Stroud & District AC | Luke Gunn |



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T21 15.30 800m Heats

Holder: Joe Reid, Cardiff AAC, 1:53.57
Record: William Tanui, Kenya, 1:43.9, 1990

| No | Athlete | Club | Coach |
|-----|----------------------|----------------------------|---------------|
| 380 | Will BELLAMY | Houghton Harriers & AC | Lynn Cooper |
| 393 | Christian BYRON | Birchfield Harriers | Luke Gunn |
| 400 | Ben CLARIDGE | Abingdon AC | James Hillier |
| 413 | Adam DAY | Chiltern Harriers AC | Dean Miller |
| 416 | Tom DODD | Birchfield Harriers | Luke Gunn |
| 439 | Nathan GILLIS | Team Kennet Triathlon & AC | James Thie |
| 455 | Ben HEALEY | Winchester & District AC | Alex Budd |
| 473 | Henry JOHNSON | Houghton Harriers & AC | Lynn Cooper |
| 477 | Samuel JONES | St Albans AC | Deborah Steer |
| 516 | Benjamin MURPHY | Tonbridge AC | Mark Hookway |
| 554 | Joseph ROGERS | Halesowen A&CC | - |
| 560 | Reece SHARMAN-NEWELL | Basingstoke & Mid Hants AC | - |
| 587 | Jonny WHITE | City of Portsmouth AC | Alex Budd |
| 598 | James YOUNG | Morpeth | Lindsay Dunn |

T22 15.40 3000m S/Chase Finals

Holder: Tommy Horton, City of Sheffield & Dearne AC, 9:09.83
Record: Philip Barkutwo, Kenya, 8:22.2, 1990

| No | Athlete | Club | Coach |
|-----|------------------|------------------------------------|-----------------|
| 377 | Will BATTERSHILL | Erme Valley Harriers | Luke Gunn |
| 391 | Bradley BURKE | Horsham Blue Star Harriers | Elspeth Turner |
| 405 | Sam COSTLEY | Southampton AC | Steven Phillips |
| 424 | Daniel ECKERSLEY | Kingston AC & Polytechnic Harriers | Geoff Watkin |
| 499 | Alfie MANTHORPE | City of Sheffield & Dearne AC | John Wood |

T23 16.00 100m Finals

T24 16.15 100m Finals

T25 16.30 100m Finals

T26 16.35 100m Finals



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T27 16.40 100m Finals

T28 16.55 100m Finals

T29 17.00 1500m IPC Athletes Finals

T30 17.00 1500m IPC Athletes Finals

T31 17.00 400m Semi Finals

FIELD EVENTS DAY 1

NOTE: ENTRIES ARE CORRECT AS OF 13TH JULY. ATHLETES MAY BE ADDED AFTER THIS TIME.

BEDFORD INTERNATIONAL STADIUM
Saturday 17th - Sunday 18th July 2021

F1 10.30 Hammer

Holder: Craig Murch, Birchfield Harriers, 72.33
Record: Dave Smith, Hull Spartan AC, 77.30, 1985

| No | Athlete | Club | Coach |
|-----|------------------|----------------------------------|-----------------|
| 446 | Oliver GRAHAM | Shaftesbury Barnet Harriers | Robert Earle |
| 454 | Thomas HEAD | Newham & Essex Beagles AC | Paul Head |
| 515 | Craig MURCH | Birchfield Harriers | Lorraine Shaw |
| 529 | Jack PAGET | Thames Valley Harriers | John Pearson |
| 530 | Tom PARKER | Blackheath & Bromley Harriers AC | Amir Williamson |
| 562 | Chris SHORTHOUSE | Birchfield Harriers | John Pearson |

F2 10.45 Shot Women

Holder: Sophie Mckinna, Great Yarmouth & District AC, 17.74
Record: Judy Oakes, Croydon Harriers, 18.76, 1988

| No | Athlete | Club | Coach |
|-----|---------------------|-------------------------------|----------------|
| 178 | Emma DAKIN | Rotherham Harriers & AC | Paul Wilson |
| 239 | Omolola KUPONIYI | Chelmsford | Geoff Tyler |
| 257 | Sophie MERRITT | Bournemouth AC | Paul Wilson |
| 264 | Elizabeth MOORHOUSE | Peterborough & Nene Valley AC | Stuart Carlaw |
| 285 | Suzanne PALMER | Derby AC | Paul Wilson |
| 319 | Amelia STRICKLER | Thames Valley Harriers | Zane Duquemin |
| 328 | Shaunna THOMPSON | Sale Harriers Manchester | Bob Gaisie |
| 334 | Serena VINCENT | City of Portsmouth AC | Bronwin Carter |



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| F3 | 11.00 | Triple Jump | |
|--|--------------------|-------------------------------------|-------------------|
| Holder: Nathan Fox, Shaftesbury Barnet Harriers, 16.06 | | | |
| Record: Nathan Douglas, City of Oxford AC, 17.64, 2005 | | | |
| No | Athlete | Club | Coach |
| 409 | Jason DANKYI | City of Sheffield & Dearne AC | - |
| 412 | Lawrence DAVIS | Woodford Green AC with Essex Ladies | Guy Spencer |
| 438 | Joseph GILKES | Coventry Godiva Harriers | Andy Vincent |
| 441 | Louis GOFFIN | Brighton & Hove AC | Patrick Apantaku |
| 453 | Morgan HAYWARD | Crawley AC | Richard Edwards |
| 470 | Jonathan ILORI | Blackheath & Bromley Harriers AC | Aston Moore |
| 521 | Seun OKOME | Sale Harriers Manchester | Keith Hunter |
| 549 | Julian REID | Sale Harriers Manchester | Aston Moore |
| 576 | Sam TRIGG-PETROVIC | Erme Valley Harriers | - |
| 579 | Efe UWAIFO | Harrow AC | John Herbert |
| 575 | Joel TOWNLEY | Gloucester AC | Joanne Willoughby |
| 593 | Josh WOODS | Shaftesbury Barnet Harriers | Jade Surman |

| F4 | 11.40 | Seated Club and Discus |
|---|-------|------------------------|
| Holders | | |
| Harrison Walsh, DSW Para Academy, 44.67 | | |
| Anna Nicholson, Gateshead Harriers, 21.78 | | |
| Mike Barker, Birchfield Harriers, 29.46 | | |
| Kirsty Soutar, Red Star AC, 8.28 | | |
| Stephen Miller, Gateshead Harriers, 27.60 | | |
| Genma Prescott, British Wheelchair Athletics Association, 17.98 | | |

| No | Athlete | Club | Coach | Class |
|-----|----------------------------|--|--------------------|-------|
| 3 | Edward CLIFTON | British Wheelchair Athletics Association | Michael Wood | F56 |
| 49 | Dan GREAVES | Charnwood AC | Zane Duquemin | F44 |
| 53 | Michael JENKINS | Pembrokeshire | Ryan Spencer-Jones | F3 |
| 77 | Zachary TANDY | DSW Para Academy | Anthony Hughes | F44 |
| 80 | Harrison WALSH | DSW Para Academy | - | F44 |
| 82 | Tyrone WILLIAMS | Birchfield Harriers | Lyn Orbel | F37 |
| 94 | Millie FORREST | Wigan & District Harriers & AC | Robert Halliwell | F37 |
| 96 | Eustacia GASTON-MONERVILLE | Enfield & Haringey AC | - | F44 |
| 106 | Anna NICHOLSON | Gateshead Harriers | Richard Kaufman | F35 |
| 117 | Emily STEWART | Gateshead Harriers | Richard Kaufman | F38 |
| 1 | Robert ALLERSTON | Liverpool Harriers | - | F32 |
| 10 | Stephen MILLER | Gateshead Harriers | Rosalynd Miller | F32 |
| 17 | Gemma PRESCOTT | British Wheelchair Athletics Association | Michael Wood | F32 |
| 20 | Kirsty SOUTAR | Red Star Athletic, Glasgow | John Owens | F32 |

| F5 | 11.50 | Javelin | | |
|--|-------------------|-------------------------------|------------------|-------|
| Holder: Gavin Johnson, Thames Valley Harriers, 68.71 | | | | |
| Record: Steve Backley, Cambridge Harriers, 88.14, 1992 | | | | |
| Holder: Mike Barker, Birchfield Harriers, 25.23 | | | | |
| No | Athlete | Club | Coach | Class |
| 79 | Philip TRANT | City of Portsmouth | Bronwin Carter | F44 |
| 376 | Daniel BAINBRIDGE | Shaftesbury Barnet Harriers | Michael McNeill | |
| 418 | Tom DOLLERY | Team Bath AC | Mark Bradford | |
| 422 | Joseph DUNDERDALE | City of Sheffield & Dearne AC | - | |
| 434 | Joss FOOT | Orion Harriers | Michael McNeill | |
| 452 | Joe HARRIS | Manx Harriers | Trevor Christian | |
| 472 | Gavin JOHNSON | Thames Valley Harriers | Piotr Spas | |
| 500 | Conor MARTIN | Harrow AC | Fuat Ekrem Fuat | |
| 535 | Benji PEARSON | Wolverhampton & Bilston AC | David Parker | |

| F6 | 12.05 | High Jump |
|--|-------|-----------|
| Holder: David Smith, Shaftesbury Barnet Harriers, 2.15 | | |
| Record: Steve Smith, Liverpool H & AC, 2.35 | | |

| No | Athlete | Club | Coach |
|-----|------------------------|-------------------------------|--------------------|
| 385 | Adam BROOKS | Yate & District AC | Jeremy Dale |
| 387 | Jonathan BROOM-EDWARDS | Newham & Essex Beagles AC | Graham Ravenscroft |
| 423 | Rory DWYER | Stratford-Upon-Avon AC | Fuzz Caan |
| 457 | Jonathon HEATH | City of Sheffield & Dearne AC | - |
| 471 | Kimani JACK | Shaftesbury Barnet Harriers | Grant Brown |
| 476 | Adam JONES | Southampton AC | Denis Doyle |
| 484 | Joel KHAN | Worcester AC | Deidre Elmhirst |

| F7/8 12.15/13.30 | | IPC Athletes Shot | | |
|--|-----------------|--|--------------------|---------|
| Holders | | | | |
| Zackary Tandy, DSW Para Academy, 10.23 | | | | |
| Lydia Church, Nene Valley Harriers, 11.13 | | | | |
| Danny Nobbs, City of Norwich AC, 7.96 | | | | |
| Vanessa Wallace, Enfield & Haringey AC, 7.26 | | | | |
| | | | | |
| No | Athlete | Club | Coach | Class |
| 6 | Michael JENKINS | Pembrokeshire | Ryan Spencer-Jones | F38 |
| 22 | Vanessa WALLACE | Enfield & Haringey AC | Alison O’Riordan | F34 |
| 33 | Jonathan ADAMS | Ipswich Harriers | Margaret Nicholls | F35 |
| 44 | Aled DAVIES | Cardiff | Ryan Spencer-Jones | F42 |
| 58 | Declan MANNING | City of Norwich AC | Kevin Manning | F20 |
| 65 | Conor O’HARE | Chelmsford AC | Alison O’Riordan | T35/T35 |
| 88 | Lydia CHURCH | Peterborough & Nene Valley Harriers AC | Jim Edwards | F12 |
| 94 | Millie FORREST | Wigan & District Harriers & AC | Robert Halliwell | F37 |
| 95 | Sabrina FORTUNE | Deeside AAC | Iain Robinson | F20 |
| 106 | Anna NICHOLSON | Gateshead Harriers | Richard Kaufman | F35 |
| 117 | Emily STEWART | Gateshead Harriers | Richard Kaufman | F38 |



Day One live stream link starts at
10.45am Saturday 17th July

https://youtu.be/N_PUA_Moe-g

F9 13.35 Discus Women

Holder: Amy Holder, Windsor, Slough Eton & Hounslow, 53.25

Record: Meg Ritchie, Edinburgh Southern Harriers, 67.48, 1981

| No | Athlete | Club | Coach |
|-----|------------------|-------------------------------------|------------------|
| 141 | Emma BEARDMORE | Harrow AC | Deewald Moolman |
| 146 | Emma BOTHERAM | Woodford Green AC with Essex Ladies | Shadine Duquemin |
| 156 | Aaliyah CAWLEY | City of Sheffield & Dearne AC | James Taylor |
| 177 | Heather CUBBAGE | City of Portsmouth AC | Andrew Neal |
| 178 | Emma DAKIN | Rotherham Harriers & AC | Paul Wilson |
| 185 | Phoebe DOWSON | Bournemouth AC | Mark Chapman |
| 188 | Shadine DUQUEMIN | Shaftesbury Barnet Harriers | Zane Duquemin |
| 198 | Bridget FRYER | Newham & Essex Beagles AC | Malcolm Fenton |
| 214 | Amy HOLDER | Windsor Slough Eton & Hounslow AC | Neville Thompson |
| 243 | Kirsty LAW | Sale Harriers Manchester | Zane Duquemin |
| 248 | Hannah MACAULAY | Blackheath & Bromley Harriers AC | Shadine Duquemin |
| 279 | Zara OBAMAKINWA | Blackheath & Bromley Harriers AC | Mark Chapman |
| 292 | Jenny PYATT | Trafford AC | Michael Martin |
| 341 | Kathryn WOODCOCK | Oxford City AC | Zane Duquemin |

F10 14.00 Pole Vault

Holder: Jax Thoirs, Glasgow City, 5.05

Record: Nick Buckfield, Crawley Harriers, 5.71, 1996

| No | Athlete | Club | Coach |
|-----|--------------------|--------------------------------|----------------|
| 460 | George HEPPINSTALL | City of Sheffield & Dearne AC | Trevor Fox |
| 496 | Joseph LISTER | Harrow AC | Egryn Jones |
| 502 | Rowan MAY | Birchfield Harriers | Zoe Brown |
| 509 | Rubem MIRANDA | Ealing Southall & Middlesex AC | - |
| 539 | Jack PHIPPS | Birchfield Harriers | Nick Phipps |
| 578 | George TURNER | Crawley AC | Allan Williams |
| 581 | Ethan WALSH | Shaftesbury Barnet Harriers | Scott Simpson |

F11 14.30 Long Jump Women

Holder: Abigail Irozuru, Sale Harriers, 6.36

Record: Nicole Boegman, Australia, 6.82, 1988

| No | Athlete | Club | Coach |
|------|-----------------|--------------------------|----------------|
| 1147 | Bryony BOVELL | Guildford & Godalming AC | John Shepherd |
| 158 | Mia CHANTREE | Chelmsford AC | Steve Mitchell |
| 159 | Rebecca CHAPMAN | Cardiff Athletics | - |

Continued on Page 29 →



Day One live stream link starts at
10.45am Saturday 17th July
https://youtu.be/N_PUA_Moe-g

F11 14.30 Long Jump Women continued from page 28

| No | Athlete | Club | Coach |
|-----|-----------------------|-------------------------------------|------------------|
| 165 | Olivia CONNOR | Lewes AC | Patrick Apantaku |
| 190 | Mary ELCOCK | Southampton AC | Femi Akinsanya |
| 191 | Kitan ELEYAE | Woodford Green AC with Essex Ladies | Guy Spencer |
| 207 | Eloise HARVEY | Dartford Harriers AC | Keith Fleming |
| 216 | Alice HOPKINS | Oxford City AC | Marcia Marriott |
| 220 | Madison HUTTON | Epsom & Ewell Harriers | Diana Norman |
| 226 | Ruby JERGES | Crawley AC | Paul McKeown |
| 229 | Charlotte JONES | Charnwood AC | Lukasz Zawila |
| 285 | Suzanne PALMER | Derby AC | Paul Wilson |
| 302 | Amy ROLFE | City of York AC | Joe Frost |
| 313 | Natasha SMITH | Birchfield Harriers | David Feeney |
| 315 | Ashleigh SPILIOPOULOU | Enfield & Haringey AC | David Feeney |
| 327 | Jahisha THOMAS | Blackheath & Bromley Harriers AC | John Shepherd |
| 330 | Lucy TUNNACLIFFE | Kingston AC & Polytechnic Harriers | John Shepherd |

F12 14.35 Seated Shot

F13 15.30 IPC Athletes Discus

Holders

Harrison Walsh, DSW Para Academy, 44.67

Anna Nicholson, Gateshead Harriers, 21.78

Mike Barker, Birchfield Harriers, 29.46

Kirsty Soutar, Red Star AC, 8.28

| No | Athlete | Club | Coach | Class |
|-----|----------------------------|--|--------------------|-------|
| 3 | Edward CLIFTON | British Wheelchair Athletics Association | Michael Wood | F56 |
| 49 | Dan GREAVES | Charnwood AC | Zane Duquemin | F44 |
| 53 | Michael JENKINS | Pembrokeshire | Ryan Spencer-Jones | F3 |
| 77 | Zachary TANDY | DSW Para Academy | Anthony Hughes | F44 |
| 80 | Harrison WALSH | DSW Para Academy | - | F44 |
| 82 | Tyrone WILLIAMS | Birchfield Harriers | Lyn Orbel | F37 |
| 94 | Millie FORREST | Wigan & District Harriers & AC | Robert Halliwell | F37 |
| 96 | Eustacia GASTON-MONERVILLE | Enfield & Haringey AC | - | F44 |
| 106 | Anna NICHOLSON | Gateshead Harriers | Richard Kaufman | F35 |
| 117 | Emily STEWART | Gateshead Harriers | Richard Kaufman | F38 |

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STREAMING**



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TRACK EVENTS DAY 2

NOTE: ENTRIES ARE CORRECT AS OF 13TH JULY. ATHLETES MAY BE ADDED AFTER THIS TIME

BEDFORD INTERNATIONAL STADIUM
Sunday 18th July 2021

T32 11.00 400m Hurdles Final Women

T33 11.10 400m Hurdles Final Men

T34 11.20 200m Men Heats

Holder: Edward Amaning, Thames Valley Harriers 20.88

Record: Marlon Devonish, Coventry Godiva Harriers, 20.18, 2002

| No | Athlete | Club | Coach |
|-----|---------------------|------------------------------------|---------------------|
| 362 | Tope ADEYEYE | Enfield & Haringey AC | - |
| 375 | Cameron BAILEY | Ipswich Harriers | Edison Williams |
| 379 | Alex BEECHEY | Newham & Essex Beagles AC | - |
| 390 | Matthew BUCKNER | Bracknell AC | Ken Spencer |
| 397 | Jamal CHAMBERS | Tipton Harriers | - |
| 427 | Eyad ELBAHTETY | Victoria Park H & Tower Hamlets AC | - |
| 435 | Lemar FRECKLETON | Swansea Harriers AC | Kevin Williams |
| 445 | Ryan GORMAN | University of York AC | Karen Buck |
| 448 | Stewart GREENHALGH | Bromsgrove & Redditch AC | Paul Gripton |
| 451 | Toby HARRIES | Brighton Phoenix AC | David Sadkin |
| 469 | Sam IGE | Belgrave Harriers | Richard Holt |
| 480 | Elliot JONES | Liverpool Pembroke & Sefton H AC | Leon Baptiste |
| 482 | Makoye KAMPENGELE | Cardiff Athletics | Joseph McDonnell |
| 488 | Dominic LAMB | City of Sheffield & Dearne AC | John Henson |
| 489 | Jack LAWRENCE | Birchfield Harriers | Andy Paul |
| 498 | Panashe Andy MAJURU | Birchfield Harriers | Joe Caines |
| 526 | Samuel OSEWA | Belgrave Harriers | Michael Afilaka |
| 534 | Patrick PEARCE | Birchfield Harriers | - |
| 543 | Nicholas PRYCE | Royal Sutton Coldfield AC | Joe Caines |
| 547 | Tommy RAMDHAN | Bexley AC | Michael Afilaka |
| 553 | Andrew ROBERTSON | Sale Harriers Manchester | - |
| 564 | Ben SNAITH | Newham & Essex Beagles AC | Clarence Callender |
| 566 | Thomas SOMERS | Newham & Essex Beagles AC | - |
| 567 | Jacob SPENCER | Rugby & Northampton AC | James Wright |
| 568 | Zachary STAPLETON | Northampton AC | Kevin Smith |
| 569 | Harry TAYLOR | Loughborough Students AC | Joseph McDonnell |
| 585 | Ben WELLS | Yates & District AC | Dale Garland |
| 588 | Bradley WHITEHEAD | Rugby & Northampton AC | James Wright |
| 589 | Jahde WILLIAMS | Harrow AC | Laura Tuner-Alleyne |
| 595 | Andre WRIGHT | Medway & Maidstone AC | Clarence Callender |

T35 11.40 200m IPC Athletes Final Men



Day Two live stream link starts at
10.45am Sunday 18th July

<https://youtu.be/9YZtswCiaXQ>

T36 11.50 200m IPC Athletes Final Women

T37 12.05 200m IPC Athletes Final Women

T38 12.10 200m IPC Athletes Final Men

Emmanuel Oyibo-Coker, Newham & Essex Beagles AC, 23.44

Ali Smith, Guildford & Godalming AC, 28.11

Matthew Humphreys, Charnwood AC, 38.24

Eleanor Simpson, City of Sheffield & Dearne AC, 39.62

| No | Athlete | Club | Coach | Class |
|-----|-----------------------|-------------------------------|-----------------------|-------|
| 2 | Richard CHIASSARO | Harlow AC | Jennifer Banks | T54 |
| 4 | Luke DEIGHAN | Red Star AC | John Owens | T54 |
| 7 | Samuel KOLEK | Kirkby AC | - | T54 |
| 9 | Michael MCCABE | Velocity Wheelchair Racing | Christopher Parsloe | T54 |
| 12 | Isaac TOWERS | Kirkby AC | Peter Wyman | T34 |
| 15 | Fabienne ANDRÉ | Weir Archer Academy | Jenny Archer | T34 |
| 18 | Natasha SETTELEN | Weir Archer Academy | Jenny Archer | T33 |
| 19 | Danny SIDBURY | Velocity Wheelchair Racing | Christine Parslow | T54 |
| 23 | Melanie WOODS | Red Star AC | Rodger Harkins | T54 |
| 32 | Henry ACKROYD | Bingley Harriers | Christopher Wakeford | T38 |
| 34 | Travis ANDERSON | Durham City Harriers | - | T20 |
| 35 | James ARNOTT | City of Plymouth | Ryan Freckleton | T46 |
| 36 | Michael BATES | Doncaster | Mike Cooke | T44 |
| 47 | George FOX | Blackpool, Wyre and Fylde | Graham Pilkington | T37 |
| 54 | Rhys JONES | Rhondda AC | Kevin Williams | T37 |
| 55 | Segun SAMUEL | South London Harriers | Jeffrey Lawai-Balogun | T4 |
| 56 | Ethan KIRBY | Newton Abbot AC | Nick Harris | T20 |
| 59 | Toby MARKHAM | Newham & Essex Beagles AC | Segrid Ayers | T38 |
| 60 | Joel MATTACKS | Team Bath AC | Phillip Warwicker | T20 |
| 66 | Emmanuel OYINBO-COKER | Loughborough Students | Coral Nourrice | T47 |
| 67 | Javaughn PARKES | Birchfield Harriers | Michelle Nicholas | T36 |
| 69 | Ben PEARSON | Loughborough Students | Joseph McDonnell | T44 |
| 74 | Rafeek SOLAIMAN | Charnwood AC | Philip Fleetwood | RR3 |
| 76 | Thomas TALBOT | Lincoln Wellington AC | Philip Fleetwood | RR2 |
| 78 | Alexander THOMSON | Victoria Park Glasgow | Chris Baillie | T38 |
| 81 | Richard WHITEHEAD | Southwell | Keith Antoine | T42 |
| 86 | Victoria BASKETT | University of Sheffield | Katie Jones | T44 |
| 89 | Libby CLEGG | Charnwood AC | Joseph McDonnell | T11 |
| 90 | Orla CONNEELY | Chesterfield and District | Philip Fleetwood | RR2 |
| 91 | Kadeena COX | Sale Harriers Manchester | Matt Cullen | T38 |
| 92 | Charlie DENMAN | Gloucester | Robert Purcell | RR3 |
| 98 | Katrina HART | Birchfield Harriers | Robert Ellchuk | T37 |
| 102 | Simran KAUR | Bristol & West AC | Nick Harris | T46 |
| 104 | Maria LYLE | Team East Lothian | Jamie Bowie | T35 |
| 107 | Melanie NICOLL | Inverness Harriers | - | T20 |
| 109 | India OATES | Darlington Harriers | - | T35 |
| 111 | Faye OLSZOWKA | Bexley AC | Christopher Harris | T20 |
| 115 | Ellie SIMPSON | City of Sheffield & Dearne AC | - | RR2 |

T39 12.20 100m Hurdles Heats Women

Holder: Alicia Barrett, Chesterfield & District AC, 13.46

Record: Shirley Strong, Trafford AC, 12.95, 1983

| No | Athlete | Club | Coach |
|-----|--------------------------|------------------------------------|------------------|
| 140 | Alicia BARRETT | 100KM Association | Benke Blomkvist |
| 142 | Meghan BEESLEY | Birchfield Harriers | Benke Blomkvist |
| 144 | Jenna BLUNDELL | Bristol & West AC | Tony Minichiello |
| 151 | Angelita BROADBELT-BLAKE | Thames Valley Harriers | Jonathan Barbour |
| 200 | Caryl GRANVILLE | Swansea Harriers AC | Darrell Maynard |
| 215 | Kira HOLT | Kingston AC & Polytechnic Harriers | Richard Holt |
| 220 | Madison HUTTON | Epsom & Ewell Harriers | Diana Norman |
| 227 | Marli JESSOP | Shaftesbury Barnet Harriers | Scott Grace |
| 231 | Harriet JONES | Windsor Slough Eton & Hounslow AC | Simon Duberley |
| 247 | Zoe LUCAS | Notts AC | Dave Clay |
| 251 | Megan MARRS | Windsor Slough Eton & Hounslow AC | Alex Nwenwu |
| 285 | Suzanne PALMER | Derby AC | Paul Wilson |
| 286 | Heather PATON | Birchfield Harriers | Benke Blomkvist |
| 305 | Emily RUSSELL | Harrow AC | Linford Christie |
| 313 | Natasha SMITH | Birchfield Harriers | David Feeney |
| 315 | Ashleigh SPILIOPOULOU | Enfield & Haringey AC | David Feeney |

T40 12.35 110m Hurdles Heats Men

Holder: Jake Porter, Birchfield Harriers, 14.01

Record: Colin Jackson, Brecon AC, 13.13, 1996

| No | Athlete | Club | Coach |
|-----|--------------------|-------------------------------------|----------------------|
| 373 | David ARYEETEEY | Charnwood AC | Jerzy Maciukiewicz |
| 407 | Ollie CRESSWELL | Woodford Green AC with Essex Ladies | - |
| 442 | Edson GOMES | Shaftesbury Barnet Harrier | Craig Andrew |
| 456 | Owen HEARD | Harrow AC | Kate Rooney |
| 510 | Maranga MOKAYA | Notts AC | - |
| 514 | Daniel MURATHODZIC | Cardiff Archers AC | Matthew Wood |
| 531 | Alex PARKINSON | Kingston AC & Polytechnic Harriers | Richard Holt |
| 537 | Miguel PERERA | Harrow AC | Laura Turner-Alleyne |
| 541 | Jake PORTER | Birchfield Harriers | Andy Paul |
| 548 | Bradley REED | Chelmsford | Steve Mitchell |
| 584 | James WEAVER | Enfield & Haringey AC | - |
| 596 | Dajon WRIGHT | Harrow AC | Jerzy Maciukiewicz |

Continued on Page 33 →



Day Two live stream link starts at
10.45am Sunday 18th July

<https://youtu.be/gYZtswCiaXQ>

T41/ T42 12.50 3km Walk Men & Women Finals

Holders: Dominic King, Colchester Harriers, 12:32.20

Erika Kelly, Northern AC, 13:28.77

| No | Athlete | Club | Coach |
|-----|-------------------|----------------------------------|---------------|
| 217 | Hannah HOPPER | Cambridge Harriers (Kent) | Verity Snook |
| 225 | Abigail JENNINGS | Aldershot Farnham & District AC | |
| 273 | Natalie MYERS | City of Sheffield & Dearne AC | Helen Elleker |
| 275 | Jasmine NICHOLLS | Leicester Walking Club | Andi Drake |
| 311 | Abigail SMITH | Blackheath & Bromley Harriers AC | Noel Carmody |
| 463 | Christian HOPPER | Canterbury Harriers | Noel Carmody |
| 493 | Luc LEGON | Bexley AC | Noel Carmody |
| 565 | Christopher SNOOK | Aldershot Farnham & District AC | Verity Snook |

T43 13.30 200 Men Semi-finals

T44 13.40 200m Women Heats

Holder: Kimbely Baptiste, Crawley AC, 23.87

Record: Cathy Freeman, Australia, 22.71, 1993

| No | Athlete | Club | Coach |
|-----|----------------------|-----------------------------|------------------|
| 135 | Ellie BANDY | Herts Phoenix AC | Nathan Rogers |
| 143 | Ella BLAKEY | Derby AC | John Henson |
| 148 | Hannah BRIER | Swansea Harriers AC | Matt Elias |
| 153 | Chloe BURROWS | Bournemouth AC | - |
| 192 | Risqat FABUNMI-ALADE | Swansea Harriers AC | Piotr Spas |
| 197 | Hannah FOSTER | Shaftesbury Barnet Harriers | Craig Andrew |
| 236 | Millie KING | Ipswich Harriers | - |
| 245 | Yasmin LIVERPOOL | Coventry Godiva Harriers | Stewart Marshall |
| 268 | Jasmine MOSS | Gateshead Harriers & AC | Bruce Horsburgh |
| 291 | Beth PRINGLE | Gateshead Harriers & AC | Janice Kaufman |
| 310 | Sharnee SKERVIN | Notts AC | Gia Skervin |

T45 13.50 800m IPC Athletes

| No | Athlete | Club | Coach | Class |
|----|-------------------|----------------------------|---------------------|-------|
| 2 | Richard CHIASSARO | Harlow AC | Jennifer Banks | T54 |
| 4 | Luke DEIGHAN | Red Star AC | John Owens | T54 |
| 5 | Jamie EDWARDS | Weir Archer Academy | Jenny Archer | T34 |
| 7 | Samuel KOLEK | Kirkby AC | - | T54 |
| 8 | Dillon LABROOY | Weir Archer Academy | Jenny Archer | T54 |
| 9 | Michael MCCABE | Velocity Wheelchair Racing | Christopher Parsloe | T54 |
| 11 | Ben ROWLINGS | Coventry Godiva | - | T34 |
| 12 | Isaac TOWERS | Kirkby AC | Peter Wyman | T34 |
| 13 | Zien ZHOU | Coventry Godiva Harriers | Job King | T34 |
| 14 | Kare ADENEGAN | Coventry Godiva Harriers | Job King | T34 |
| 15 | Fabienne ANDRÉ | Weir Archer Academy | Jenny Archer | T34 |
| 16 | Olivia GALLAGHER | Weir Archer Academy | Jenny Archer | T33 |
| 19 | Danny SIDBURY | Velocity Wheelchair Racing | Christine Parslow | T54 |
| 23 | Melanie WOODS | Red Star AC | Rodger Harkins | T54 |
| 52 | Josh HARTLEY | Coventry Godiva Harriers | Job King | T53 |

T46 13.50 800m IPC Athletes Women Finals

T47 14.05 1500m IPC Entrants Women Finals

Holder: Hannah Taunton, Taunton, 4:48.32

| No | Athlete | Club | Coach | Class |
|-----|------------------|-------------|-----------------|-------|
| 36 | Michael BATES | Doncaster | Mike Cooke | T44 |
| 108 | Rebecca O'ROURKE | Havering AC | Patrick Gahagan | T20 |

T48 14.10 1500m IPC Entrants Mens Finals

Holder: Steven Bryce, Victoria Park, 4:11.35

| No | Athlete | Club | Coach | Class |
|-----|-------------------|-------------------------------|---------------------|-------|
| 2 | Richard CHIASSARO | Harlow AC | Jennifer Banks | T54 |
| 4 | Luke DEIGHAN | Red Star AC | John Owens | T54 |
| 8 | Dillon LABROOY | Weir Archer Academy | Jenny Archer | T54 |
| 9 | Michael MCCABE | Velocity Wheelchair Racing | Christopher Parsloe | T54 |
| 12 | Isaac TOWERS | Kirkby AC | Peter Wyman | T34 |
| 15 | Fabienne ANDRÉ | Weir Archer Academy | Jenny Archer | T34 |
| 37 | Josh BETTELEY | Vale Royal AC | Andrew Carter | T38 |
| 40 | Steven BRYCE | Victoria Park City of Glasgow | - | T20 |
| 46 | Sam FERNANDO | Fife AC | Ron Morrison | T20 |
| 50 | James HAMILTON | Ballymena Runners | Mark Kirk | T20 |
| 62 | James MCKIBBIN | North Devon AC | Mark Brace | T20 |
| 64 | Kieran O'HARA | Havering AC | Patrick Gahagan | T20 |
| 83 | Daniel WOLFF | Epsom and Ewell Harriers | Dave Mitchell | T20 |
| 103 | Jordan LACEY | Southend AC | - | T20 |

T49 14.20 400 Women Final

T50 14.25 400 Men Final

T51 14.35 800 Women Final

T52 14.40 800 Men Final

T53 14.45 5000 Women Final

Records:

Paula Radcliffe, Bedford & County AC, 15:05.5, 2000

| No | Athlete | Club | Coach |
|-----|---------------|-------------------------|-------------|
| 171 | Sophie COWPER | Rotherham Harriers & AC | - |
| 321 | Alishia Taid | Gateshead Harriers AC | Dean Miller |



Day Two live stream link starts at
10.45am Sunday 18th July

<https://youtu.be/9YZtswCiaXQ>

T54 15.05 1500m Final Women

Holder: Danielle Hodgkinson, Wallsend Harriers, 4:26.37

Record: Kelly Holmes, Ealing and Southall AC, 4:01.4, 1994

| No | Athlete | Club | Coach |
|-----|---------------------|---------------------------------|---------------|
| 149 | Francesca BRINT | Sale Harriers Manchester | Luke Gunn |
| 160 | Lauren CHURCH | Reading AC | - |
| 170 | Lilly COWARD | Invicta East Kent AC | Craig Winrow |
| 183 | Maddie DEADMAN | Basingstoke & Mid Hants AC | - |
| 194 | Ellie FARROW | City of Portsmouth AC | Alex Budd |
| 201 | Maisie GRICE | Aldershot Farnham & District AC | Bud Baldaro |
| 213 | Danielle HODGKINSON | Wallsend Harriers & AC | Tom Craggs |
| 218 | Emma HOWSHAM | Reading AC | - |
| 219 | Katie HUGHES | Aldershot Farnham & District AC | Craig Winrow |
| 299 | Lucy ROBINSON | Wakefield District H & AC | Kieron Hall |
| 306 | Amelia SAMUELS | Wolverhampton & Bilston AC | John Abbiss |
| 308 | Alexandra SHIPLEY | Milton Keynes Distance Project | - |
| 309 | Sabrina SINHA | Cambridge Harriers | Bud Baldaro |
| 318 | Philippa STONE | Middlesbrough AC (Mandale) | Martin Peevor |
| 323 | Sophie TARVER | Wirral AC | Bill Foster |
| 332 | Jessica VARLEY | Peterborough & Nene Valley AC | - |
| 335 | Hannah VINER | Highgate Harriers | - |
| 336 | Ellie WALLACE | North Somerset AC | Julian Emery |

T55 15.15 1500m Final Men

Holder: George Mills, Brighton Phoenix, 4:09.68

Record: John Gladwin, Belgrave Harriers, 3:35.9. 1986

| No | Athlete | Club | Coach |
|-----|-------------------|--------------------------------|-----------------|
| 369 | Cameron ALLAN | Houghton Harriers & AC | Mick Woods |
| 371 | Grant ANDERSON | Stocport Harriers & AC | Luke Gunn |
| 378 | Daniel BEBBINGTON | Preston Harriers | Helen Clitheroe |
| 382 | Andy BENSON | Preston Harriers | Helen Clitheroe |
| 389 | Stuart BROWN | Tonbridge AC | Mark Hookway |
| 399 | Samuel CHARLTON | Wallsend Harriers & AC | Helen Clitheroe |
| 410 | Jonathan DAVIES | Reading AC | Luke Gunn |
| 486 | Alasdair KINLOCH | Tonbridge AC | Mark Hookway |
| 504 | James McCRAE | Hallamshire Harriers Sheffield | James Thie |
| 511 | Sean MOLLOY | Tonbridge AC | - |
| 517 | Ethan O'SHEA | Charnwood AC | Dean Miller |
| 545 | Dave RAGAN | Basingstoke & Mid Hants AC | Rod Finch |
| 550 | Kieran REILLY | Tonbridge AC | Mark Hookway |
| 577 | Joseph TUFFIN | Rushcliffe AC | Graham Moffat |
| 583 | Miles WEATHERSEED | Tonbridge AC | Mark Hookway |
| 586 | Ben WEST | Milton Keynes Distance Project | Luke Bennett |
| 592 | Samuel WINTERS | Marshall Milton Keynes AC | - |
| 598 | James YOUNG | Morpeth | Lindsay Dunn |

T56 15.25 200m Women Final

T57 15.30 200m Men Final

T58 15.35 5000m IPC Athletes Men Final

T59 15.50 100m Hurdles Women Final

T60 16.05 110 Hurdles Mens Final



FIELD EVENTS DAY 2
NOTE: ENTRIES ARE CORRECT AS OF 13TH JULY. ATHLETES MAY BE ADDED AFTER THIS TIME

BEDFORD INTERNATIONAL STADIUM
 Sunday 18th July 2021

F14 10.45 Hammer Women

Holder: Jessica Mayho, Birchfield Harriers, 65.18
Record: Lorraine Shaw, Sale Harriers Manchester, 62.22, 2001

| No | Athlete | Club | Coach |
|-----|--------------------|------------------------------|-----------------|
| 139 | Alice BARNSDALE | Kingston upon Hull AC | Dave Smith |
| 141 | Emma BEARDMORE | Harrow AC | Deewald Moolman |
| 163 | Cathy COLEMAN | Guildford & Godalming AC | - |
| 180 | Philippa DAVENALL | Colchester Harriers AC | Robert Earle |
| 209 | Katie HEAD | Newham & Essex Beagles AC | Paul Head |
| 242 | Katie LAMBERT | Kidderminster & Stourport AC | John Pearson |
| 253 | Jessica MAYHO | Birchfield Harriers | John Pearson |
| 258 | Anna MERRITT | Southampton AC | - |
| 263 | Lara MOFFAT | Marshall Milton Keynes AC | - |
| 289 | Kayleigh PRESSWELL | Marshall Milton Keynes AC | Paul Head |
| 290 | Zoe PRICE | Liverpool Harriers & AC | Ronnie Bomba |
| 329 | Ellen THRALL | Gloucester AC | Lorraine Shaw |
| 340 | Pippa WINGATE | Thames Valley Harriers | - |

F15 10.50 Long Jump IPC Athletes

Holder: Jessica Mayho, Birchfield Harriers, 65.18
Record: Lorraine Shaw, Sale Harriers Manchester, 62.22, 2001

| No | Athlete | Club | Coach | Class |
|----|----------------|--------------------|----------------------|-------|
| 36 | Michael BATES | Doncaster | Mike Cooke | T44 |
| 42 | Karim CHAN | Charnwood AC | Lukasz Zawila | T20 |
| 43 | Barney CORRALL | Charnwood AC | Christopher Sinclair | T37 |
| 48 | Joseph GRAY | Gateshead Harriers | Keith Hunter | T47 |
| 55 | Samuel JOSE | Cornwall AC | - | T20 |
| 60 | Joel MATTACKS | Team Bath AC | Phillip Warwicker | T20 |

Continued on Page 37 →

F15 10.50 Long Jump IPC Athletes continued from page 36

| No | Athlete | Club | Coach | Class |
|-----|----------------|--------------------------------|-----------------|-------|
| 72 | Luke SINNOTT | Bournemouth AC | Roger Keller | T61 |
| 73 | Zak SKINNER | Loughborough Students | Aston Moore | T13 |
| 75 | Steven STONE | Falkirk Victoria Harriers | - | T20 |
| 85 | Hetty BARTLETT | City of Norwich Athletics Club | Dennis Costello | T38 |
| 87 | Helen BREEN | City of Portsmouth AC | Aston Moore | T38 |
| 93 | Madeline DOWN | Halesowen | - | T38 |
| 105 | Polly MATON | Team Devizes Moonrakers AC | Colin Baross | T46 |
| 110 | Esme O'CONNELL | Dacorum and Tring AC | Jack Awe | T20 |
| 112 | Stefanie REID | Scottish Athletics | Aston Moore | T64 |
| 114 | Rebecca SCOTT | Stevenage and North Herts | - | T47 |

F16 11.45 Long Jump

Holder: Daniel Bramble, Shaftesbury Barnet H, 7.43
Record: Larry Myricks, USA, 8.38, 1981

| No | Athlete | Club | Coach |
|-----|-----------------------|---------------------------------------|------------------|
| 368 | Trevor ALEXANDERSON | Birchfield Harriers | Keith Hunter |
| 372 | Ogo ANOCHIRIONYE | Thames Valley Harriers | Frank Attoh |
| 392 | Jake BURKEY | University of Birmingham AC & XC Club | Jade Surman |
| 429 | Alexander FARQUHARSON | Coventry Godiva Harriers | Andy Vincent |
| 432 | Jacob FINCHAM-DUKES | Leeds City AC | Zivile Pukstiene |
| 464 | Shane HOWARD | Bandon AC | - |
| 485 | Samuel KHOGALI | Woodford Green AC with Essex Ladies | Mike Bennett |
| 494 | James LELLIOTT | Bournemouth AC | Brian Camp |
| 519 | Paul OGUN | Croydon Harriers | John Shepherd |
| 539 | Jack PHIPPS | Birchfield Harriers | Nick Phipps |
| 552 | Jack ROACH | Newham & Essex Beagles AC | Lukasz Zawila |
| 579 | Efe UWAIFO | Harrow AC | John Herbert |
| 594 | Rob WORMAN | University of Sheffield AC | Martin Cook |

F17 12.00 Pole Vault Women

Record: Janine Whitlock, Trafford AC, 4.40, 2001

| No | Athlete | Club | Coach |
|-----|--------------------------|-----------------------------------|---------------|
| 134 | Megan BAILEY | Harrow AC | Nick Phipps |
| 166 | Sophie COOK | Halesowen A & CC | Scott Simpson |
| 186 | Sophie DOWSON | Blackheath & Bromley Harriers AC | - |
| 189 | Elizabeth EDDEN | Birchfield Harriers | Adam Lyons |
| 222 | Jade IVE | Sutton & District AC | - |
| 237 | Emma KIVINIEMI ANDERSSON | Shaftesbury Barnet Harriers | Richard Humby |
| 249 | Emily MACDONALD | Bracknell AC | Ellie Spain |
| 276 | Katiska NOWERS | Windsor Slough Eton & Hounslow AC | Nick Phipps |
| 294 | Samantha RAWLINSON | Birchfield Harriers | - |
| 296 | Abigail ROBERTS | City of Sheffield & Dearne AC | Trevor Fox |

F18 12.30 Discus

Holder: Nicholas Perry, Shaftesbury Barnet Harriers, 59.79

Record: Juan Martinex, Cuba, 65.72, 1985

| No | Athlete | Club | Coach |
|-----|---------------------|-------------------------------|-----------------------|
| 420 | Joshua DOUGLAS | Southampton AC | William Bushnell |
| 433 | Daniel FLEMING | City of York AC | Paul Wilson |
| 458 | James HEDGER | Birchfield Harriers | - |
| 500 | Joe MARTIN | Gateshead Harriers & AC | Nick Williams-Ridgeon |
| 525 | Chukwuemeka OSAMMOR | City of Sheffield & Dearne AC | James Taylor |
| 536 | Nicholas PERCY | Shaftesbury Barnet Harriers | Zane Duquemin |
| 538 | Adam PHILLIPS | Bournemouth AC | - |
| 540 | Mark PLOWMAN | Yeovil Olympiads AC | Garry Power |
| 557 | Chris SCOTT | Southampton AC | - |
| 572 | Greg THOMPSON | Shaftesbury Barnet Harriers | Neville Thompson |
| 580 | Reuben VAUGHAN | Croydon Harriers | - |
| 597 | Fraser WRIGHT | Gateshead Harriers & AC | Nick Williams-Ridgeon |

F19 12.30 High Jump Women

Holder: Nikki Manson, Aberdeen AAC, 1.83

Record: Debbie Marti, Bromley AC, 1.94

| No | Athlete | Club | Coach |
|-----|-----------------------|-----------------------------------|------------------|
| 152 | Leonie BRUNNING | Biggleswade AC | David Brown |
| 169 | Bernice COULSON | Notts AC | Deirdre Elmhirst |
| 173 | Shannon CRAIG | Loughborough Students AC | - |
| 195 | Halle FERGUSON | Trafford AC | Andrew Wood |
| 208 | Camellia HAYES | Windsor Slough Eton & Hounslow AC | Paul Harrison |
| 240 | Morgan LAKE | Windsor, Slough, Eton & Hounslow | Fuzz Caan |
| 252 | Deborah MARTIN | Ashford AC | John Bancroft |
| 262 | Hannah MOAT | Notts AC | David Walker |
| 266 | Jordanna MORRISH | Bracknell AC | - |
| 274 | Carmen NEAT | Aberdeen AAC | Fuzz Caan |
| 301 | Philippa ROGAN | Thames Valley Harriers | Steve Chapman |
| 313 | Natasha SMITH | Birchfield Harriers | David Feeney |
| 315 | Ashleigh SPILIOPOULOU | Enfield & Haringey AC | David Feeney |
| 337 | Kacey WALTERS | Shaftesbury Barnet Harriers | Grant Brown |
| 342 | Bethany WOODHEAD | Sale Harriers Manchester | - |
| 343 | Laura ZIALOR | Marshall Milton Keynes AC | Jade Surman |

F20 13.15 Long Jump IPC Athletes Men



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F21 14.00 Shot

Holder: Scott Lincoln, City of York, 19.56

Record: Carl Myerscough, Blackpool & Fylde AC 21.55, 2003

| No | Athlete | Club | Coach |
|-----|------------------|-------------------------------------|----------------|
| 45 | Kyron DUKE | DSW Para Academy | Anthony Hughes |
| 396 | Dan CARTWRIGHT | Birchfield Harriers | Malcolm Fenton |
| 398 | Craig CHARLTON | Woodford Green AC with Essex Ladies | - |
| 414 | Gintas DEGUTIS | Newham & Essex Beagles AC | Richard Turner |
| 417 | James DODS | Northampton AC | Stuart Carlaw |
| 433 | Daniel FLEMING | City of York AC | Paul Wilson |
| 468 | George HYDE | Harrow AC | Stuart Carlaw |
| 478 | Scott JONES | Trafford AC | Michael Martin |
| 481 | Mindaugas JURKSA | Peterborough & Nene Valley AC | Lewis Capes |

F22 14.30 Triple Jump Women

Holder: Naomi Ogbeta, Trafford AC, 13.67

Record: Yamile Aldama, Cuba, 14.98, 2003

| No | Athlete | Club | Coach |
|-----|-----------------------|-----------------------------|-----------------|
| 145 | Melissa BOOTH | Sale Harriers Manchester | Keith Hunter |
| 179 | Amelia DALEY | Shaftesbury Barnet Harriers | Frank Attoh |
| 224 | Montana JACKSON | Thames Valley Harriers | Daniel Hooker |
| 282 | Adelaide OMITOWOJU | Harrow AC | Benjamin Davies |
| 283 | Victoria OSHUNREMI | Basildon AC | John Herbert |
| 284 | Ruth-ann OTARUOH | Thames Valley Harriers | David Johnson |
| 295 | Olivia REAH | Spensborough & District AC | Matt Barton |
| 314 | Mame diarra SOW | Crawley AC | - |
| 317 | Lia STEPHENSON | Thames Valley Harriers | John Herbert |
| 333 | Chloe VERNON-HAMILTON | Herts Phoenix AC | Tom Cullen |

F23 14.30 Javelin Women

Holder: Emma Hamplett, Birchfield Harriers, 51.43

Record: Kelly Morgan, Army, 66.97, 2002

| No | Athlete | Club | Coach |
|-----|--------------------|-----------------------------------|-------------------|
| 132 | Hollie ARNOLD | Blackheath & Bromley Harriers AC | David Turner |
| 138 | Hannah BARNDEN | Derby AC | David Turner |
| 150 | Laurensa BRITANE | Thames Valley Harriers | John Waugh |
| 181 | Kate DAVIES | Gloucester AC | Joanne Willoughby |
| 184 | Emily DIBBLE | Loughborough Students AC | David Turner |
| 193 | Lauren FARLEY | Blackheath & Bromley Harriers AC | Mark Chapman |
| 204 | Emma HAMPLETT | Birchfield Harriers | Michael McNeill |
| 211 | Leah HILLMAN | Loughborough Students AC | David Turner |
| 228 | Hannah JOHNSON | Windsor Slough Eton & Hounslow AC | Michael McNeill |
| 230 | Freyja JONES | Newham & Essex Beagles AC | David Callaway |
| 246 | Louise LOCKWOOD | Shaftesbury Barnet Harriers | Sam Harrison |
| 256 | Eloise MEAKINS | Herts Phoenix AC | Fuat Ekram Fuat |
| 267 | Harriette MORTLOCK | Basildon AC | - |
| 271 | Kerry MURCH | Rugby & Northampton AC | Kevin Murch |
| 320 | Eliza SUTTON | Guildford & Godalming AC | Martin Cassidy |

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