



BRITISH MASTERS ATHLETICS FEDERATION

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or refer to the website bmaf.org.uk



The British Masters Athletics Federation (BMAF) is responsible for the encouragement and organization of athletics for masters athletes in the UK. There are over 30 championships each year covering all areas of athletics and the premier events of the year, which are open to athletes over the age of 35, will be:

British Masters 1 Mile Championships



Start of the Masters Mile 2018

Following the success of inaugural Vitality Masters Mile in London, this year the event on 26th May which is organised by London Marathon Events will host the Vitality British Masters One Mile Road Championships. The race starts on The Mall and finishes in front of Buckingham Palace. Race entries will be seeded in each age group. Medals will be awarded to the first three men and women in each age group and silver salvers for the best three men's and women's age-graded performances overall.

British Masters Road Relay Championships



Start of the Road Relays 2017

These take place on 18th May in Sutton Park, Birmingham. Since the foundation of these relays in 1988 the relays have hosted by various locations but since 2001 they have mostly been in Birmingham using the same course as the national women's relays. Each year there are hundreds of teams covering all masters age groups who come to test their speed against the other teams and enjoy meeting old friends and rivals.

British Masters Track & Field Championships



Alexander Stadium, Birmingham

Over 800 competitors from Britain and overseas will attend the British masters track & field championships on 10-11 August in Birmingham. With the British Masters team No. 1 in the world in 2018, there will be many of the world's best athletes present hoping to set new records but there will also be more than a few first-timers who wish to experience a national championship and test their capabilities against those in the same age group.

British & Irish Masters Cross Country International



Race 1, BIMCCI 2018 Swansea

The four home countries and Ireland take it in turns to host an international cross-country race. The 2019 event will be in Southport on 16th November over a 6km course for women and men over 65 and 8km for men aged 35-64. The trophies and individual/team medals for each 5-year age group medals are presented at a banquet in the evening after the race. Teams are selected by each country's masters athletics association.